

Daily Prayers

Remember to pray to God to give us strength and keep us safe.

THE SIGN OF THE CROSS

In the name of the Father
and of the Son
and of the Holy Spirit.
Amen.

MORNING PRAYER

O my God you love me.
You're with me night and day.
I want to love you always
In all I do and say.
I'll try to please you, Father,
Bless me through the day.
Amen.

PRAYER BEFORE MEALS

Bless us, O God, as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us, O God.
Amen.

AFTERNOON PRAYER

God Our Father, I come to say
Thank you for your love today.
Thank you for my family
and all the friends you give to me.
Guard me in the dark of night
And in the morning send your light.
Amen.