

Enriching lives at

UFTON



CHRIST THE KING PRIMARY SCHOOL YEAR 4 CLASS
VISIT TO UFTON ADVENTURE NOVEMBER 2019

"One's mind, once stretched by a new idea, never regains its original dimensions." - Oliver Wendell-Holmes



OBJECTIVES FOR THE VISIT

To develop self-regulatory skills using social and emotional ladders of success
To develop Ufton's Rs – respect, responsibility, resilience and reflection

All the activities offered support these objectives using the framework of Ufton Ladders of Success

What activities did the groups take part in?

- **Embalming and Mummification** – learn about Egyptian superstitions.
- **Ancient games** – What can the children do and what skills will they develop.
- **Egyptian stories** – learning about and re-enacting stories such as Croconile and The Creation.
- **Archery** – Learn how to hold the bow and shoot arrows towards the targets.
- **Circus skills** – learn a new skill and practice to improve performance.
- **Scrapheap challenge**
- **Early birds duties** – Feed and groom the animals on the farm.
- **Geocaching** – demonstrate personal qualities and develop key skills.

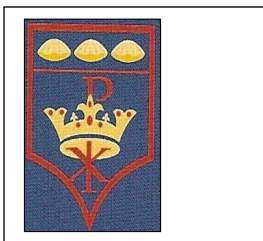
Ufton Mantra

Tried it...

Getting it...

Got it...





Review and Reflection - We discussed the following objectives:

1. What challenges have you set yourself?
2. Have you achieved them?
3. How can you tell?
4. How could you continue the challenge back at school?
5. Complete an evaluation.



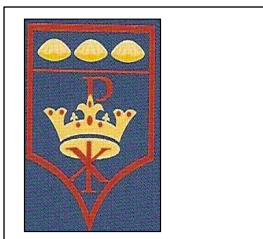
What did Christ the King children say?

- I feel great about trying new things because the activities are good.
- I enjoyed circus tricks and archery because they are both my favourite.
- I feel really happy about trying new things because we got to go to the house.
- I have learnt that I am a better friend to Poppy and a good listener.
- I feel great about trying new things because it is exciting.
- I realised being in nature is amazing.
- I love nature and sleepovers.
- Sandwiches are the best.
- I liked showing my talent and the food's very nice.
- I feel amazing about trying new things.

What did Christ the King teachers say?

- Great communication with staff and feel the purpose was met.
- I feel there were several achievements met with various children's behaviour and group work.
- A few children who lack confidence really came out of themselves i.e joining in group work and added to discussions.
- Some children with behaviour problems were really well behaved and helped their peers.
- Some of the quieter children grew in confidence joining in and taking the lead sometimes.
- They will take the skills they've learnt at Ufton and use them in the classroom. They will have the confidence to try anything.
- They can use skills in the future. Some did activities and would like to practice them outside school.





What did the Ufton team observe?

Our Ufton Leader Richard observed that ... All students were enthusiastic about showing their skills. I particularly noticed students really took to the trick sticks on circus skills as well as some excellent diaboloing and juggling. When it came to the performing at the end every student took part and many who had not touched their skill before that day looked naturals by the end of the session.

For the afternoon sessions the students did some archery, for many it was learning the basics and getting an arrow on the target. The participants proved excellent at remembering the safety rules and many complete beginners were hitting some very high scores. Ended the session with the cutlery game to which all students thoroughly enjoyed.

Started the next day for the group with a spot of wide games, the students were all full of energy and got very competitive with each game. Child s was particularly quick and good at dodging during the final game.

