



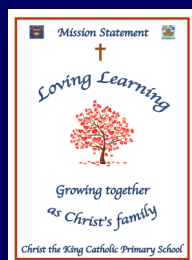
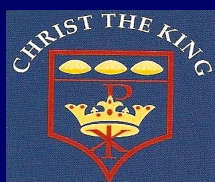
Christ the King Catholic Primary

“Loving, learning, growing together as Christ’s family”



MP Yuan Yang visited our school on Monday to congratulate us on being the school with the most Christmas Card competition entries and also to present us with a gift and prizes for the winners, Sabrina and Leon.

Well done to everyone who entered.



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX
Tel. 01189015434**

Interim Head Teacher: Mrs V Bingham
Email admin@christtheking.reading.sch.uk
Website www.christthekingreading.co.uk
Blog Site ctkreading.net

Message from our Headteacher

Dear Parents, Carers

As we come to the end of a rewarding and happy term, I would like to take this opportunity to thank you for your continued support and help in our school throughout my first term at Christ the King.

Christmas is a special time in our Primary School. Over the past few weeks, it has been wonderful to see the children so engaged with performances, assemblies and acts of kindness.

I would like to extend my sincere thanks to our dedicated staff who work so hard to provide a safe nurturing and inspiring environment for your children. I am also very grateful to you, our parents and carers for your understanding and support, both of which are vital to our children's success.

On behalf of everyone at Christ the King, I wish you and your family a very happy, peaceful, healthy Christmas and a happy New Year.

Thank you for being a very important part of our school community.

We look forward to welcoming you back to school in January, refreshed and ready for new challenges.

Kind regards,

Vanessa

Mrs Vanessa Bingham

Interim Headteacher

School closes on 19th December 2025 at 1.30pm and re-opens on 6th January 2026.

We wish you a happy and restful Christmas break.

TikTok Warning

What is the issue?

Although we have previously been made aware of national concerns around the “Tap out” TikTok challenge, professionals have now raised that it is known that children in Suffolk are taking part in this challenge. There has been lots of national media coverage around this TikTok challenge, but we wanted to highlight that *this is happening in Suffolk!*

What is the “Tap out” out challenge?

This trend often involves a group of teens where one child places another child in a chokehold (forearm is placed around the other child’s neck and throat), the child performing the chokehold would then apply pressure/squeeze the neck until the child in the chokehold taps them out on their arm in which at this point the chokehold should be released. This can also involve another child “tapping in” to join the chain. Whilst there can be no physical signs of injury following this trend it is important to be aware that this type of strangulation can lead to serious health implications in the future, including fatalities.

The challenge is presented in a way that downplays the risks, showing participants laughing or walking away unscathed. What they don't show are the serious risks—like brain damage or even death—that can result from asphyxiation.

Children and young people are not aware of how easily these actions can cause serious harm. Trends such as this can change names quickly so, please be alert, talk to children and young people about it and report anything you see.

Signs and injuries to look out for include;

- Head injuries (as can fall when losing consciousness)
- Possible loss of memory - feeling confused or disoriented after being alone
- Marks or bruises on the neck
- Blood shot eyes (conjunctival haemorrhage).
- Scratches or small red spots (petechiae) to neck/eyelids/cheeks and behind ears.
- Raspy or hoarse voice
- Severe headache

Other names given/similar challenges

Fainting game, Hangman, Elevator, and Blackout

Information on a similar trend “TikTok blackout challenging can be found here [The TikTok Black-out Challenge: How to Protect Children](https://www.bitdefender.com/en-gb/blog/The-TikTok-Blackout-Challenge-How-to-Protect-Children) <https://www.bitdefender.com/en-gb/blog/>

Lateness

We have noticed an increase in the number of children arriving late. On Wednesday there were 51 children who arrived late. The children

We are now using Entrysign, which is our new signing in system.

Therefore, if your child is late you are required to walk them in to school office and not just send them to the gate on their own. Your child can then be signed in on the system which will ask for a reason for lateness.

Thank you

IF YOUR CHILD IS LATE EVERY DAY BY	YOUR CHILD WILL LOOSE	OR THEY WILL MISS APPROXIMATELY
5 MINUTES	3.5 DAYS FROM SCHOOL	20 LESSONS
10 MINUTES	7 DAYS FROM SCHOOL	41 LESSONS
15 MINUTES	10 DAYS FROM SCHOOL	55 LESSONS
20 MINUTES	14.5 DAYS FROM SCHOOL	82 LESSONS
30 MINUTES	22 DAYS FROM SCHOOL	123 LESSONS

Healthier Eating App

The NHS have developed an app to make it easier to ascertain the traffic light information when purchasing food items. The app gives information about the food but also supports choice by offering healthier swap options.

<https://www.nhs.uk/healthier-families/food-facts/nhs-food-scanner-app/>

The Choir Club children celebrated their hard-work this term by performing a small concert to family and friends on Tuesday! It was a nice treat and a great way to end off the term and get everyone into the holiday spirit!



Miss Lockwood's class enjoyed a variety of outdoor activities during their day trip to Ufton Court on Monday.



Term dates 2025

End of Term, School Closes at 1.30

School re-opens 6th January 2026

2026

6th January 2026 - Whole school mass 9.30am

28th January 2026 - Miss Thompson Class Mass 9.30am

3rd February 2026 - KS1 trip to Milestone Museum - provisionally booked

27th February 2026 - International stand up to bullying day

4th March 2026 - Mrs Gooch Class Mass

5th March 2026 - World Book Day

11th March - KS2 Penitential service in the hall

16th March 2026 - Parents consultations 3.30-5.30pm

18th March 2026 - Parents Consultations 4pm to 7pm

24th March 2026 - Yr 6 Sats meeting for parents after school

25th March 2026 - Stations of the cross Yr5 11am in church

27th March 2026 - End of Term , School finishes at 1.30pm

Newsletter update

From January we will be moving to monthly newsletters which will have more personalised information for each class.

Gospel

Matthew 1: 18-24

Now the generation of Christ was in this wise. When as his mother Mary was espoused to Joseph, before they came together, she was found with child, of the Holy Ghost.

Whereupon Joseph her husband, being a just man, and not willing publicly to expose her, was minded to put her away privately.

But while he thought on these things, behold the angel of the Lord appeared to him in his sleep, saying: Joseph, son of David, fear not to take unto thee Mary thy wife, for that which is conceived in her, is of the Holy Ghost.

And she shall bring forth a son: and thou shalt call his name JESUS. For he shall save his people from their sins.

Now all this was done that it might be fulfilled which the Lord spoke by the prophet, saying:

Behold a virgin shall be with child, and bring forth a son, and they shall call his name Emmanuel, which being interpreted is, God with us.

And Joseph rising up from sleep, did as the angel of the Lord had commanded him, and took unto him his wife.

Thank you to Miss Rees for arranging the donated chocolate into hampers for the raffle.



Christ the King Catholic Primary School

Christmas Giveaway

Back again will be back at the shops like always we will try bring a santa but wont be granted so if you want the presents to come from you or santa have that in mind

21ST DECEMBER, 2025

27 Coronation Square, Reading
RG30 3QN



Ranges boys/girls from
babys to early teens some
bits for single mums to some
big gifts are in the mix its 1st
come with them so try get
there early



**STARTING
FROM
2pm**

GET IN TOUCH

@likkle.help

Star of the week for last week

Mrs Machado - Leo Carr

This Week

Mrs Machado - Whole Class

Miss Nyilas - Whole Class

Miss Scott - Whole Class

Miss Parson's - Maria & Blake

Miss Lockwood - Whole Class & Hunter

Mrs Kassam - Whole Class

Miss Thompson - Henry M & Carrick

Mrs Casey - Loveaya & Ethan

Mrs Powell - Melody & Amiri

Mrs Bloom - Shay & Alejandro

Reading Points

Ritik - 50 Points

Skye - 200 Points



Carol Service

Sunday, 21st December

3.00 - 4.30pm



The Catholic Parish of Christ the King

(408 Northumberland Avenue, Whitley, Reading, Berkshire, RG2 8NR)

Invite you to

A Service of Carols and Readings

Followed by

Seasonal Refreshments in the

Parish Hall.



Families of Faith

★ December ★

Prayer Corner



An Advent Prayer

Heavenly Father, we are waiting for Jesus to be born.

Help us to be full of hope and to share your love with everyone we meet.

Come, Lord Jesus, come!
Amen

Prayer at bedtime

Bless me Lord as this day ends
Bless my family and all my friends.

Keep me safe throughout the night.

And wake me with the morning's light.
Amen

Good News from the Gospel

7 Sunday – Matthew 3:1-12 "Prepare the way of the Lord." Activity: tidy an area to make space for Christmas and donate old toys to charity.

14 Sunday – Matthew 11:2-11 "The blind receive their sight and the lame, walk." Activity: show your support to a charity of your choice.

21 Sunday – Matthew 1:23 "Behold, a virgin shall be with child and they shall call his name Emmanuel." Activity: Make a baby Jesus decoration to put onto your Christmas tree.

28 Sunday – Matthew 2:13-15; 19-23 "Arise and take the child and His mother and go into the land of Israel." Activity – take your decoration on a journey – to family or friends, church or on a nature walk. Take a photo to share at school with your class.

Family in Faith Action

Why not make an advent wreath together with greenery from plants and candles. Light one each week.

Week 1 – Hope (Prophecy Candle)

Represents hope of the world for the coming of the Messiah. Make your Advent wreath as a sign of waiting for Jesus to come to us.

Week 2 – Peace (Bethlehem Candle)

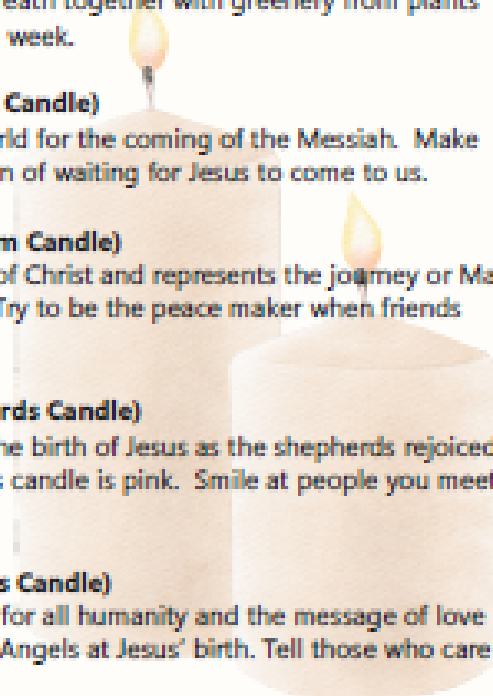
This symbolises the peace of Christ and represents the journey of Mary and Joseph to Bethlehem. Try to be the peace maker when friends quarrel.

Week 3 – Joy (The Shepherds Candle)

This represents the joy of the birth of Jesus as the shepherds rejoiced upon hearing the news. This candle is pink. Smile at people you meet to bring joy to them.

Week 4 – Love (The Angels Candle)

This symbolises God's love for all humanity and the message of love and peace delivered by the Angels at Jesus' birth. Tell those who care for you that you love them.



Saints to Inspire

6 December – St. Nicholas

Saint Nicholas was a bishop known for his generosity. In the Middle Ages people began leaving gifts and money in shoes as a way to copy his kindness, especially for the poor. In many European countries today, children still put out their shoes and receive sweets, nuts, fruit or small toys on the morning of December 6th.



Why not donate some of your own shoes you have grown out of to charity

13 December – St. Lucy

Saint Lucy was known as the "Bearer of Light." She wore a crown of candles to bring food to people in hiding with her hands free to carry the food. In Sweden today, children still sing a song dedicated to St. Lucy. A girl dresses as St. Lucy with a wreath of candles on her head and is accompanied by children dressed as gingerbread figures. This symbolises the bringing of light and treats to ward off the darkness of the long winter nights. The 12th December is known as Gingerbread House Day.

Why not try making your own gingerbread man or house!



MASSAGE AND SENSORY INTEGRATION THERAPY SERVICE



**You are invited to join
two Family Coffee
Sessions with Sophie
Webster - Massage
and Sensory Therapist
from RBC**

**Please join us from 2pm till
3pm on
22nd January - Sensory Needs in
Children
29th January - Massage
Techniques to support at home**



Reading
Borough Council
Working better with you



Discounted Family Fun upto half price off



Ninja Warrior

Paddle Boarding

Donutting

Laser Tag

Glo Golf

Soft Play



Bowling

Flip Out

Days Out including Chessington, Legoland
4 Kingdoms and more

AND MORE...

Gold membership is £5 per person per year which gives you access to
a year's timetable of activities at upto 50% off and then our charity
funds the difference.

email activities@spotlightuk.org

Christ the King Catholic Primary School

Spring 2026



Dear Parents/Guardians

uSports are pleased to announce that we will be delivering the following clubs at Christ the King in the Spring term.

Dance / Gymnastics 🏆 3-6 | 3.30pm - 4.30pm | Monday

150126 - 200126 | 10x Sessions | £62.50

Football Club 🏆 3-6 | 3.30pm - 4.30pm | Thursday

150126 - 180126 | 5x Sessions | £12.50

£6.25 Per Session

See You There,
uSports

BOOK NOW

<https://eastberkshire-termtime.classforkids.io/term/816>

How To Book:

01

Click the 'Book Now' button or type in the link underneath

02

Scroll to find the right club

03

Add your child's details

04

Book & pay for your child's place



Reading Children's centre farmyard event 2025

The farm will be visiting your local children centre
on the following dates:

Sun Street Children Centre: 15th Decemeber

Ranikhet Children Centre: 17th December

Southcote Children Centre: 22nd December

Whitley Children Centre: 23rd December

All visits will be held 10am-12pm

Please wear suitable clothing as the visits
will likely be held outside



Please note this is a free event



READING SCHOOL

INCREDIBLE EDUCATION - FREE FOR EVERYONE

We want your views on our
proposed admissions changes

- ✓ Priority to boys at local primary schools
- ✓ Priority to boys from disadvantaged backgrounds
- ✓ Entrance test before the summer holidays
- ✓ Tests that reward sparky, curious and creative boys
- ✓ Rewarding sporting aptitude & excellence beyond English/Maths



Proposed changes can be viewed via the
QR code or here - tinyurl.com/rdgschl



- ★ Open Day - Wednesday 25th March
- ★ Opposite Royal Berkshire Hospital (RG15LW)



People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

We cannot have nuts in school in any form.

Please can we ask that you have no nut products in the lunch boxes or brought into the school as treats. Snacks containing Nutella or similar spreads are not allowed.

For example Peanut butter sandwiches, Chocolate spreads, Cereal bars, some granola bars, Cakes that contain nuts, Biscuits / Cookies that contain nuts, Satay Sauces, Nutella spread or snack containing Nutella, Boxes of variety chocolates.

This list is not exhaustive, so please check the packaging of products closely. We appreciate that this is an additional thing to check and we know that you recognise the importance of it. We do have to insist we are a nut free school.

Medication

If your child has been prescribed medication by the Hospital or GP and it needs to be taken during school hours, please ensure it is given to the school office and not any other member of staff.

Please note antibiotics will only be administered if the dosage is 4 times a day, every 6 hours and NOT for 3 times a day which is every 8 hours.

The medication needs to be in its original packaging with a pharmacy label on.

You will also be required to complete a medication form which is available from the school office.

If your child has vomited even if it is only once or had diarrhoea then they must not return to school for 48 hours after the last episode of sickness or diarrhoea.

REMINDER Children should be wearing full school uniform, which should have your child's name on.

All children should bring a sun hat and water bottle into school.

Children should only bring in water and no other drink.

Please Note - Crocs are not suitable footwear for school.

The Uniform policy is on our website.

We like to encourage children to walk or ride to school, but please ensure your child is wearing a helmet.

Also please remind your children not to ride in school grounds and to walk their bike or scooter to the shed, or out of the gate.

Reminder - Gates close at 8.50am

The Ark gate and Exbourne Road gate will be closed and padlocked at 8.50am every morning. Anyone arriving later than 8.50am will need to enter through the Durham Close entrance and will be recorded as late.

The gate cannot be opened once locked.

Please ensure your children enter the school through the correct entrance. Any child entering through Durham Close MUST sign in at the office.

School Dinners

The price of a school meal is £2.86 per day.

This is payable by either cash or cheque (payable to Caterlink) and should be paid daily or weekly in advance.

If your child is going to be late into school and would like to have a school dinner, please ensure you phone in to order a meal before 9.30 as meals are cooked to orders placed.

Thank you

We would like to remind parents that once you have collected your children from the teacher after school, they are then in your care even if still on school grounds. Therefore, please ensure they do not play on the outdoor equipment or go up to classroom windows.

Please ensure your child/ren bring in a named water bottle. This should only contain water. Children should not be bringing in juice or fizzy

Healthy Snacks

We have noticed an increasing number of KS2 children bringing in a variety of unhealthy snacks for break time e.g. Chocolate, cookies, crisps. When the children start at CTK School in Nursery or Reception they eat healthy snacks that are fruit or vegetables. The Government scheme is to provide all Early Years and Key Stage One Children with a piece of fruit or veg until the end of year 2. We want to continue this healthy eating in KS2. Can we ask that you provide your child with a healthy snack for their mid morning break . Examples of healthy snacks are: fruit, vegetables, rice cakes and bread sticks.

Breakfast Club

Breakfast Club runs from 7:30 every morning.

The price is £4.50 per day,

Payment is made online through School Money.

Afterschool Club

Afterschool club is now provided by Funtastic Kids which is held at Geoffrey Field School.

The contact details for club are 01189799253,

bookings@funtastickids.co.uk.