



Christ the King Catholic Primary

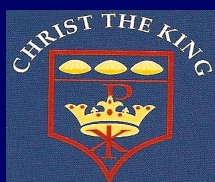
“Loving, learning, growing together as Christ’s family”



As part of Miss Scott’s class RE learning on Catholic Social Teaching, the children have been thinking of who needs our help most and how charities support people in need. The class voted to support The Cowshed which is a local charity that helps families in crisis.

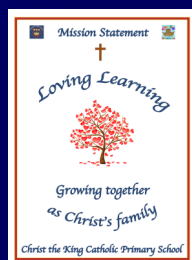
The children chose to hold a Wear Pyjamas Day as a sponsored event, raising £115.02.

Well Done and Thank you



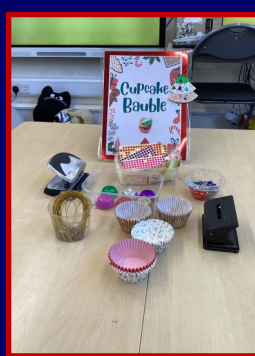
**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX
Tel. 01189015434**

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On Thursday morning, the Nursery children dressed up as Elves, Snowmen and Snowflakes to perform their Christmas show to parents. We felt so proud of all the children. They sat beautifully, played their instruments in time to the music, danced with grace, and remembered their song words. Well done, Nursery! And thank you to all the staff.

Following on from the Nursery performance, parents were invited to enjoy a drink and mince pie, whilst remaining in Nursery for a festive themed 'Stay & Play' craft session, alongside their children. The children made baubles, reindeer food, decorated biscuits and enjoyed festive themed sensory play. The whole nursery smelt of Christmas and a wonderful time was had by all. A 'BIG' thank you to all of our parents and extended family for attending this magical event.



Thursday was a busy day, we had Christmas Jumper Day, Christmas Dinner and PTA volunteers came in to wrap gifts that the children bought for their parents. Thank you to everyone.



TikTok Warning

What is the issue?

Although we have previously been made aware of national concerns around the “Tap out” TikTok challenge, professionals have now raised that it is known that children in Suffolk are taking part in this challenge. There has been lots of national media coverage around this TikTok challenge, but we wanted to highlight that *this is happening in Suffolk!*

What is the “Tap out” out challenge?

This trend often involves a group of teens where one child places another child in a chokehold (forearm is placed around the other child’s neck and throat), the child performing the chokehold would then apply pressure/squeeze the neck until the child in the chokehold taps them out on their arm in which at this point the chokehold should be released. This can also involve another child “tapping in” to join the chain. Whilst there can be no physical signs of injury following this trend it is important to be aware that this type of strangulation can lead to serious health implications in the future, including fatalities.

The challenge is presented in a way that downplays the risks, showing participants laughing or walking away unscathed. What they don't show are the serious risks—like brain damage or even death—that can result from asphyxiation.

Children and young people are not aware of how easily these actions can cause serious harm. Trends such as this can change names quickly so, please be alert, talk to children and young people about it and report anything you see.

Signs and injuries to look out for include;

- Head injuries (as can fall when losing consciousness)
- Possible loss of memory - feeling confused or disoriented after being alone
- Marks or bruises on the neck
- Blood shot eyes (conjunctival haemorrhage).
- Scratches or small red spots (petechiae) to neck/eyelids/cheeks and behind ears.
- Raspy or hoarse voice
- Severe headache

Other names given/similar challenges

Fainting game, Hangman, Elevator, and Blackout

Information on a similar trend “TikTok blackout challenging can be found here [The TikTok Black-out Challenge: How to Protect Children](https://www.bitdefender.com/en-gb/blog/The-TikTok-Blackout-Challenge-How-to-Protect-Children) <https://www.bitdefender.com/en-gb/blog/>



Mrs Thompson

Next Friday we are sadly saying
goodbye to 2 members of staff

We would like to thank
both for their hard
work and the support
they have given whilst
with us at Christ the
King. We wish them
both well in their new
schools.



Mrs Kassam

Nursery Teacher Update

From January Miss Parsons will be our Nursery Teacher.



Newsletter update

From January we will be moving to monthly newsletters which will have more personalised information for each class.

Lateness

We have noticed an increase in the number of children arriving late. On Wednesday there were 51 children who arrived late. The children are missing valuable learning time and this can be unsettling for them and their class if they are late.

We are now using Entrysign, which is our new signing in system.

Therefore, if your child is late you are required to walk them in to school office and not just send them to the gate on their own. Your child can then be signed in on the system which will ask for a reason for lateness.

IF YOUR CHILD IS LATE EVERY DAY BY	YOUR CHILD WILL LOOSE	OR THEY WILL MISS APPROXIMATELY
5 MINUTES	3.5 DAYS FROM SCHOOL	20 LESSONS
10 MINUTES	7 DAYS FROM SCHOOL	41 LESSONS
15 MINUTES	10 DAYS FROM SCHOOL	55 LESSONS
20 MINUTES	14.5 DAYS FROM SCHOOL	82 LESSONS
30 MINUTES	22 DAYS FROM SCHOOL	123 LESSONS

Healthier Eating App

The NHS have developed an app to make it easier to ascertain the traffic light information when purchasing food items. The app gives information about the food but also supports choice by offering healthier swap options.

militarywives
Choirs
Arborfield

CHRISTMAS CONCERT

The military wives are giving a Christmas
concert at Christ the King on

Friday 12th December at 7.30.

Everyone is welcome it will an enjoyable
evening, it is free, donations are welcome.

There will be refreshments in the interval.

Term dates 2025

12th December 2025 - Reception Nativity 9.15am and 2.30pm
15th December 2025 - Miss Lockwood's class going to Ufton Court
16th December 2025 - KS1/Ducklings Nativity 9.15am and 2.30pm
16th December 2025 - Choir Concert 3.45-4.15
17th December 2025 - Year3/4 & Ark Carol Concert at 9.15am and 2.30pm
19th December 2025 - Chocolate Hamper Raffle
End of Term, School Closes at 1.30
School re-opens 6th January 2026

2026

6th January 2026 - Whole school mass 9.30am
28th January 2026 - Miss Thompson Class Mass 9.30am
3rd February 2026 - KS1 trip to Milestone Museum - provisionally booked
27th February 2026 - International stand up to bullying day
4th March 2026 - Mrs Gooch Class Mass
5th March 2026 - World Book Day
11th March - KS2 Penitential service in the hall
16th March 2026 - Parents consultations 3.30-5.30pm
18th March 2026 - Parents Consultations 4pm to 7pm
24th March 2026 - Yr 6 Sats meeting for parents after school
25th March 2026 - Stations of the cross Yr5 11am in church
27th March 2026 - End of Term , School finishes at 1.30pm

Gospel

Matthew 11:2-11

Now John had heard in prison what Christ was doing and he sent his disciples to ask him, 'Are you the one who is to come, or are we to expect someone else?'

Jesus answered, 'Go back and tell John what you hear and see; the blind see again, and the lame walk, those suffering from virulent skin-diseases are cleansed, and the deaf hear, the dead are raised to life and the good news is proclaimed to the poor; and blessed is anyone who does not find me a cause of falling.'

As the men were leaving, Jesus began to talk to the people about John, 'What did you go out into the desert to see? A reed swaying in the breeze? No?

Then what did you go out to see? A man wearing fine clothes? Look, those who wear fine clothes are to be found in palaces.

Then what did you go out for? To see a prophet? Yes, I tell you, and much more than a prophet: he is the one of whom scripture says: Look, I am going to send my messenger in front of you to prepare your way before you. 'In truth I tell you, of all the children born to women, there has never been anyone greater than John the Baptist; yet the least in the kingdom of Heaven is greater than he.

Stars of the Week

Mrs Kassam: Bella & Ritik

Miss Thompson:

Mrs Casey: Gabriel G & Anaya

Mrs Powell : Samuel Rayaana and Lexi

Mrs Bloom: Perez & Vanessa

Miss Nyilas: Ezekiel

Maths Ninjas!

To earn the title Maths Ninja you must develop your powers of concentration and practise your skills to master calculation and dominate numbers so that you face Maths with no trace of fear.

With skill and patience you may earn these ranks:

Shodan (red) 11 out of 15 in 1 minute.

Nidan (white) 22 out of 25 in 1 minute.

Sandan (yellow) 33 out of 35 in 1 minute.

Yondan (orange) 44 out of 45 in 1 m 30 sec.

Godan (Green) 55 out of 55 in 1 m 30 sec.

Rokudan (Blue) 66 out of 70 in 1 m 30 sec.

Shichidan (Brown) 77 out of 80 in 2 minutes.

Hachidan (Black) 88 out of 90 in 2 minutes.

Kudan (Purple) 99 out of 100 in 2 minutes

Congratulations to

Nidan: Cyron, Gabriel G

Sandan: Candice, Jaikus

Godan: Jaxon

Rokudan: Ali, Wiktor

Reading Points

50 Points - Jaikus, Drishya

100 Points - Olivia



Carol Service

Sunday, 21st December

3.00 - 4.30pm



The Catholic Parish of Christ the King

(408 Northumberland Avenue, Whitley, Reading, Berkshire, RG2 8NR)

Invite you to

A Service of Carols and Readings

Followed by

Seasonal Refreshments in the

Parish Hall.



Families of Faith

★ December ★

Prayer Corner



An Advent Prayer

Heavenly Father, we are waiting for Jesus to be born.

Help us to be full of hope and to share your love with everyone we meet.

Come, Lord Jesus, come!
Amen

Prayer at bedtime

Bless me Lord as this day ends
Bless my family and all my friends.

Keep me safe throughout the night.

And wake me with the morning's light.
Amen

Good News from the Gospel

7 Sunday – Matthew 3:1-12 "Prepare the way of the Lord." Activity: tidy an area to make space for Christmas and donate old toys to charity.

14 Sunday – Matthew 11:2-11 "The blind receive their sight and the lame, walk." Activity: show your support to a charity of your choice.

21 Sunday – Matthew 1:23 "Behold, a virgin shall be with child and they shall call his name Emmanuel." Activity: Make a baby Jesus decoration to put onto your Christmas tree.

28 Sunday – Matthew 2:13-15; 19-23 "Arise and take the child and His mother and go into the land of Israel." Activity – take your decoration on a journey – to family or friends, church or on a nature walk. Take a photo to share at school with your class.

Family in Faith Action

Why not make an advent wreath together with greenery from plants and candles. Light one each week.

Week 1 – Hope (Prophecy Candle)

Represents hope of the world for the coming of the Messiah. Make your Advent wreath as a sign of waiting for Jesus to come to us.

Week 2 – Peace (Bethlehem Candle)

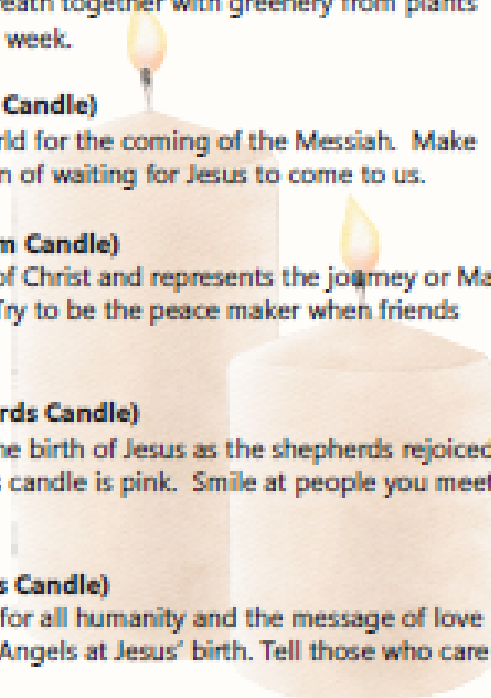
This symbolises the peace of Christ and represents the journey of Mary and Joseph to Bethlehem. Try to be the peace maker when friends quarrel.

Week 3 – Joy (The Shepherds Candle)

This represents the joy of the birth of Jesus as the shepherds rejoiced upon hearing the news. This candle is pink. Smile at people you meet to bring joy to them.

Week 4 – Love (The Angels Candle)

This symbolises God's love for all humanity and the message of love and peace delivered by the Angels at Jesus' birth. Tell those who care for you that you love them.



Saints to Inspire

6 December – St. Nicholas

Saint Nicholas was a bishop known for his generosity. In the Middle Ages people began leaving gifts and money in shoes as a way to copy his kindness, especially for the poor. In many European countries today, children still put out their shoes and receive sweets, nuts, fruit or small toys on the morning of December 6th.



Why not donate some of your own shoes you have grown out of to charity

13 December – St. Lucy

Saint Lucy was known as the "Bearer of Light." She wore a crown of candles to bring food to people in hiding with her hands free to carry the food. In Sweden today, children still sing a song dedicated to St. Lucy. A girl dresses as St. Lucy with a wreath of candles on her head and is accompanied by children dressed as gingerbread figures. This symbolises the bringing of light and treats to ward off the darkness of the long winter nights. The 12th December is known as Gingerbread House Day.

Why not try making your own gingerbread man or house!



Thank you to the Mini Vinnies who arrange this.



ReadiFood
Reading's food bank

Dear Friends of Christ The King School Primary School

As Christmas approaches, we just want to say a huge thank you for your generosity in supporting ReadiFood with your Christmas collection. Your kindness really does make a difference to so many people across Reading at this time of year.

Because of your donations, local families and individuals will receive the support they need over the winter months, a season that can be especially hard for those struggling. Your gifts help us provide emergency food parcels, practical care, and a reminder that our community truly looks out for one another.

We are so grateful for everything you have given. Every item you have donated brings comfort, dignity, and a little extra warmth to someone this Christmas.

Thank you for sharing hope and compassion with those who need it most.

Wishing you all a joyful, peaceful Christmas.

Yours Faithfully

alison and the  **ReadiFood** Team.

Alison Peyton

MASSAGE AND SENSORY INTEGRATION THERAPY SERVICE



**You are invited to join
two Family Coffee
Sessions with Sophie
Webster - Massage
and Sensory Therapist
from RBC**

**Please join us from 2pm till
3pm on
22nd January - Sensory Needs in
Children
29th January - Massage
Techniques to support at home**



Reading
Borough Council
Working better with you



Discounted Family Fun upto half price off



Ninja Warrior

Paddle Boarding

Donutting

Laser Tag

Glo Golf

Soft Play



Bowling

Flip Out

Days Out including Chessington, Legoland
4 Kingdoms and more

AND MORE...

Gold membership is £5 per person per year which gives you access to
a year's timetable of activities at upto 50% off and then our charity
funds the difference.

email activities@spotlightuk.org

Christ the King Catholic Primary School

Spring 2026



Dear Parents/Guardians

uSports are pleased to announce that we will be delivering the following clubs at Christ the King in the Spring term.

Dance / Gymnastics 🏆 3-6 | 3.30pm - 4.30pm | Monday

150126 - 200126 | 10x Sessions | £62.50

Football Club 🏆 3-6 | 3.30pm - 4.30pm | Thursday

150126 - 180126 | 5x Sessions | £12.50

£6.25 Per Session

See You There,
uSports

BOOK NOW

<https://eastberkshire-termtime.classforkids.io/term/816>

How To Book:

- 01 Click the 'Book Now' button or type in the link underneath
- 02 Scroll to find the right club
- 03 Add your child's details
- 04 Book & pay for your child's place



Reading Children's centre farmyard event 2025

The farm will be visiting your local children centre
on the following dates:

Sun Street Children Centre: 15th Decemeber

Ranikhet Children Centre: 17th December

Southcote Children Centre: 22nd December

Whitley Children Centre: 23rd December

All visits will be held 10am-12pm

Please wear suitable clothing as the visits
will likely be held outside



Please note this is a free event



READING SCHOOL

INCREDIBLE EDUCATION - FREE FOR EVERYONE

We want your views on our
proposed admissions changes

- ✓ Priority to boys at local primary schools
- ✓ Priority to boys from disadvantaged backgrounds
- ✓ Entrance test before the summer holidays
- ✓ Tests that reward sparky, curious and creative boys
- ✓ Rewarding sporting aptitude & excellence beyond English/Maths



Proposed changes can be viewed via the
QR code or here - tinyurl.com/rdgschl



- ★ Open Day - Wednesday 25th March
- ★ Opposite Royal Berkshire Hospital (RG15LW)



People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

We cannot have nuts in school in any form.

Please can we ask that you have no nut products in the lunch boxes or brought into the school as treats. Snacks containing Nutella or similar spreads are not allowed.

For example Peanut butter sandwiches, Chocolate spreads, Cereal bars, some granola bars, Cakes that contain nuts, Biscuits / Cookies that contain nuts, Satay Sauces, Nutella spread or snack containing Nutella, Boxes of variety chocolates.

This list is not exhaustive, so please check the packaging of products closely. We appreciate that this is an additional thing to check and we know that you recognise the importance of it. We do have to insist we are a nut free school.

Medication

If your child has been prescribed medication by the Hospital or GP and it needs to be taken during school hours, please ensure it is given to the school office and not any other member of staff.

Please note antibiotics will only be administered if the dosage is 4 times a day, every 6 hours and NOT for 3 times a day which is every 8 hours.

The medication needs to be in its original packaging with a pharmacy label on.

You will also be required to complete a medication form which is available from the school office.

If your child has vomited even if it is only once or had diarrhoea then they must not return to school for 48 hours after the last episode of sickness or diarrhoea.

REMINDER Children should be wearing full school uniform, which should have your child's name on.

All children should bring a sun hat and water bottle into school.

Children should only bring in water and no other drink.

Please Note - Crocs are not suitable footwear for school.

The Uniform policy is on our website.

We like to encourage children to walk or ride to school, but please ensure your child is wearing a helmet.

Also please remind your children not to ride in school grounds and to walk their bike or scooter to the shed, or out of the gate.

Reminder - Gates close at 8.50am

The Ark gate and Exbourne Road gate will be closed and padlocked at 8.50am every morning. Anyone arriving later than 8.50am will need to enter through the Durham Close entrance and will be recorded as late.

The gate cannot be opened once locked.

Please ensure your children enter the school through the correct entrance. Any child entering through Durham Close MUST sign in at the office.

School Dinners

The price of a school meal is £2.86 per day.

This is payable by either cash or cheque (payable to Caterlink) and should be paid daily or weekly in advance.

If your child is going to be late into school and would like to have a school dinner, please ensure you phone in to order a meal before 9.30 as meals are cooked to orders placed.

Thank you

We would like to remind parents that once you have collected your children from the teacher after school, they are then in your care even if still on school grounds. Therefore, please ensure they do not play on the outdoor equipment or go up to classroom windows.

Please ensure your child/ren bring in a named water bottle. This should only contain water. Children should not be bringing in juice or fizzy

Healthy Snacks

We have noticed an increasing number of KS2 children bringing in a variety of unhealthy snacks for break time e.g. Chocolate, cookies, crisps. When the children start at CTK School in Nursery or Reception they eat healthy snacks that are fruit or vegetables. The Government scheme is to provide all Early Years and Key Stage One Children with a piece of fruit or veg until the end of year 2. We want to continue this healthy eating in KS2. Can we ask that you provide your child with a healthy snack for their mid morning break . Examples of healthy snacks are: fruit, vegetables, rice cakes and bread sticks.

Breakfast Club

Breakfast Club runs from 7:30 every morning.

The price is £4.50 per day,

Payment is made online through School Money.

Afterschool Club

Afterschool club is now provided by Funtastic Kids which is held at Geoffrey Field School.

The contact details for club are 01189799253,

bookings@funtastickids.co.uk.