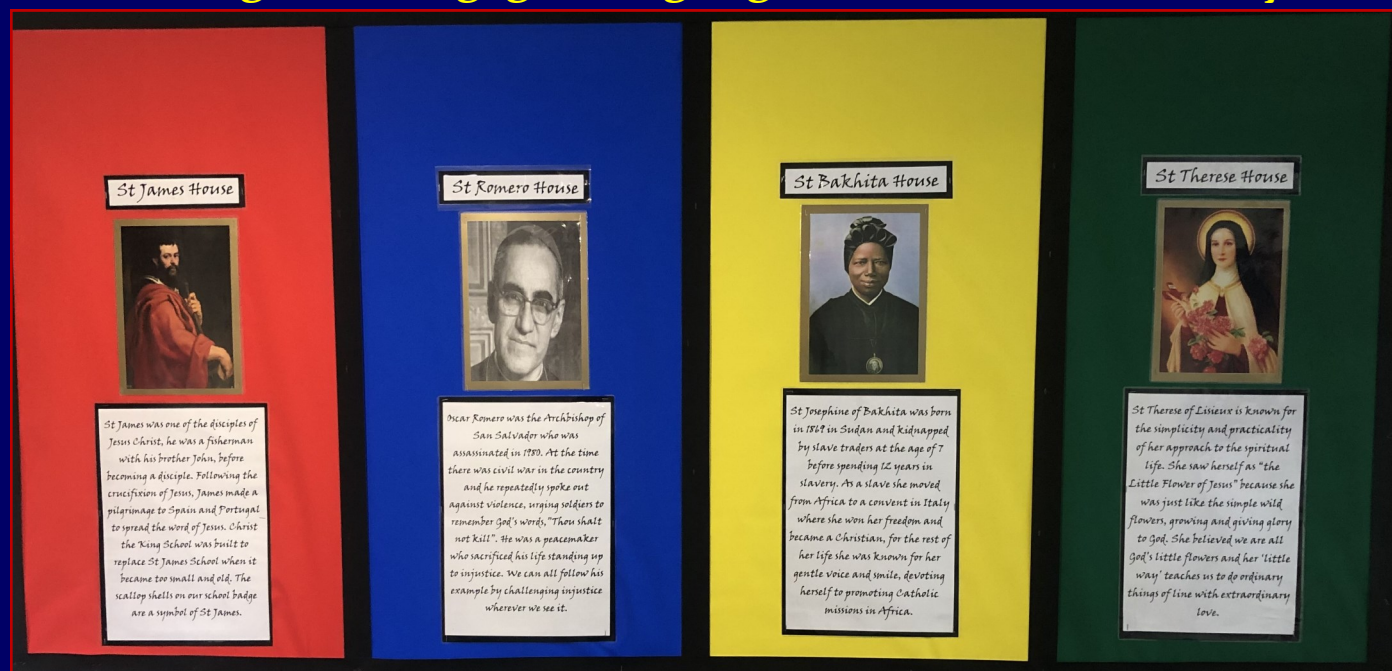


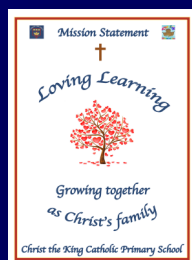
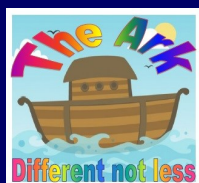


Christ the King Catholic Primary

“Loving, learning, growing together as Christ’s family”



Above are our saints for our House Groups.



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX**

Tel. 01189015434

Head Teacher Nikki McVeigh

Email admin@christtheking.reading.sch.uk

Website www.christthekingreading.co.uk

Blog Site ctkreading.net

Term dates 2024

30th September - Individual Photos

11th October- Yr6 to JMA

22nd October - Para-Olympian visit

28th October to 1st November 2024 - Half Term

20th November - Yr5 Ufton Trip

22nd November - Pantomime

11th December - Reception Nativity 9.30am and 2pm

12th December - Nursery Christmas Performance at 11am and 2.15pm

17th December - KS1 Nativity

18th December - KS2 Nativity at 2pm and 6pm

20th December 2024 - School closes at 1.30pm

7th January 2025 - Start of School Term

Information on our website

The Meet the Teacher Powerpoint, Curriculum Map and start of term letters are now available on our website under the class pages.

School Streets Reminder

A reminder that Exbourne Road will be closed at school drop off and pick up times.

Please remember the road is not a pedestrian walk way, it is still a road therefore, please make sure your children walk on the pavements and not on the road.

When parking or stopping please ensure you do not block drive-ways. The Church carpark is available to park in for drop off and pick up times.

Reminder - Gates close at 8.50am

The Ark gate and Exbourne Road gate will be closed and padlocked at 8.50am every morning. Anyone arriving later than 8.50am will need to enter through the Durham Close entrance and will be recorded as late.

The gate cannot be opened once locked.

Please ensure your children enter the school through the correct entrance.

School Dinners

The price of a school meal has increased to £2.65 per day.

This is payable by either cash or cheque and should be paid daily or weekly in advance.

If your child is going to be late into school and would like to have a school dinner, please ensure you phone in to order a meal before 9.30 as meals are cooked to orders placed.

Thank you

Gospel

Mark 8:27-35

He called the people and his disciples to him and said, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me.

Anyone who wants to save his life will lose it; but anyone who loses his life for my sake, and for the sake of the gospel, will save it.

School Policies

Our updated school policies have been put on our website.

<https://www.christthekingreading.co.uk/policies/>

What's On

Information on activities and clubs in our area are on the school website. Please click on School Community and then What's On.



Blessed Hugh Faringdon Catholic School & Sixth Form Centre

*True Teaching
Serving the Community in Reading since 1958*



Year 7 Entry 2025 OPEN DAY

Thursday

19th September 2024

Morning 9am - 12pm
Evening 5pm - 7.30pm

(10.15am, 5.45pm & 6.30pm Headmaster's Address)

Fawley Road, Southcote
Reading, RG30 3EP



01189 574 730

www.hughfaringdon.org
admin@hughfaringdon.org

bhfcs @bhfcs bhfcs



'Outstanding School— Section 48 Inspection'

PORTSMOUTH
CATHOLIC DIOCESE



People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

We cannot have nuts in school in any form.

Please can we ask that you have no nut products in the lunch boxes or brought into the school as treats. Snacks containing Nutella or similar spreads are not allowed.

For example Peanut butter sandwiches, Chocolate spreads, Cereal bars, some granola bars, Cakes that contain nuts, Biscuits / Cookies that contain nuts, Satay Sauces, Nutella spread or snack containing Nutella, Boxes of variety chocolates.

This list is not exhaustive, so please check the packaging of products closely. We appreciate that this is an additional thing to check and we know that you recognise the importance of it. We do have to insist we are a nut free school.

Stars of the Week

Miss Scott: Whole Class

Miss Lockwood: Harper & Jaikus

Miss Yan: Maria & Adrian

Miss Thompson: Logan & Victoria

Miss Pearce: Jeremiah & Kamari

Mrs Gooch: Wiktoria & Sabrina

Mrs Casey: Elliot & Jemimah

Mrs Powell: Perez, Emmanuel and Alejandro

Mrs Bloom: Kendall & Yasmin

Miss Sutton: Elia, Loveaya & Spencer

Reading Points

50 Points - Alicia, Ewa, Olesia

100 Points - Ewa

Maths Ninjas!

To earn the title Maths Ninja you must develop your powers of concentration and practise your skills to master calculation and dominate numbers so that you face Maths with no trace of fear.

With skill and patience you may earn these ranks:

Shodan (red) 11 out of 15 in 1 minute.

Nidan (white) 22 out of 25 in 1 minute.

Sandan (yellow) 33 out of 35 in 1 minute.

Yondan (orange) 44 out of 45 in 1 m 30 sec.

Godan (Green) 55 out of 55 in 1 m 30 sec.

Rokudan (Blue) 66 out of 70 in 1 m 30 sec.

Shichidan (Brown) 77 out of 80 in 2 minutes.

Hachidan (Black) 88 out of 90 in 2 minutes.

Kudan (Purple) 99 out of 100 in 2 minutes.

Shodan:

Romel, Steven, Vanessa, Lukasz, Edward, Ellarose, Alejandro, Perez, Raya, Bradley, Molly, Beracha, Stephanie, Emmanuel, Kian, Henry, Melody, Aidan, Mikey, Zara, Joel, Ismah, Uzziel, David, Au'Reia, Simon, Yasmin, Marli-Marie, Lewis, Jan, Melda, Zack, Filip, Elizabeth, Alexander, Edna, Oskar, Marek, Richardson, Fatima, Kendall, Aniyah, Veronica, Joey & Nathan

Mental Health Support Team Workshop



Brighter
Futures for
YOUNG PEOPLE

RAISING YOUR CHILD'S SELF-ESTEEM



Is your child struggling with feelings of low self-worth?

DO THEY:

- not recognise their strengths?
- compare themselves to others?
- lack self-confidence?

Parents/carers/professionals, join us for advice on how to support your child, or children you work with.



Tuesday, 17 September 2024



4.30-6pm



Online via MS Teams

Scan the QR code to book or register your interest for future dates.

Or, email MHST@brighterfuturesforchildren.org



Visit our site for more information about the service
www.brighterfuturesforchildren.org/YPMHST



Mental Health coffee mornings in READING SCHOOLS 2024/25

Come and learn about mental health in a relaxed and informal setting. Understand how mental health might affect your child and learn practical tools to help you support your child through any mental health difficulties they may experience, whether short or long-term.

These informal coffee mornings are run by **Amanda Mavunga**, Reading MHST CAMHS Senior Clinician at BfC. Amanda will deliver a presentation followed by an opportunity to ask questions. You can attend any session, even if your child does not attend the hosting school. Places are on a first come, first served basis.



YOU MAY ATTEND ANY OF THESE SESSIONS AUTUMN TERM

DATE/TIME	SUBJECT	SCHOOL
11 Sept 2024, 1-3pm	Anxiety	Redlands Primary School
13 Sept 2024, 9.15-11.15am	Low mood and depression	Park Lane Primary School
16 Sept 2024, 1-3pm	Managing behaviour	Whitley Park Primary and Nursery School
27 Sept 2024, 9.15-11.15am	Sleep (limited to six spaces)	Thameside Primary School
3 Oct 2024, 9.15-11.15am	ADHD (limited to 20 spaces)	Wilson Primary School
7 Oct 2024, 1-3pm	Bullying and mental health (limited to 15 spaces)	Geoffrey Field Junior School
11 Oct 2024, 9.15-11.15am	Body image and eating disorders	Churchend Primary Academy
16 Oct 2024, 1-3pm	Autism and anxiety	Emmer Green Primary School
8 Nov 2024, 9.15-11.15am	ADHD	St Anne's Catholic Primary School
11 Nov 2024, 1-3pm	Anxiety	Whitley Park Primary and Nursery School
21 Nov 2024, 1-3pm	Understanding Berkshire CAMHS and neurodiversity service processes	The Heights Primary School
25 Nov 2024, 9.15-11.15am	Managing behaviour	Park Lane Primary School
6 Dec 2024, 9.15-11.15am	Low mood and depression (limited to 15 spaces)	Geoffrey Field Junior School
9 Dec 2024, 1-3pm	Anxiety	St Anne's Catholic Primary School
11 Dec 2024, 1-3pm	Sleep	St Mary & All Saints CofE Primary
16 Dec 2024, 9.15-10.45am	Anxiety and autism	Reading Girls' School



**Fridays, 5th July; 20th Sep; 11th Oct; 15th Nov;
13th Dec 2024**

Community Parent/Carer Support Group, Whitley

A support group for family members who have children/young people with additional needs living within the community of Whitley and Reading.

A safe and supportive space for sharing experiences and gaining support with the unique challenges faced by families of children with additional needs.

Each session will include an hour talk on a subject linked with being a parent/carers of a child with an additional need. The remainder of the session will be for discussion of the topic and social support time.

DATE & TIME

See above for dates
9.15am- 11.15am

VENUE

South Reading Community Hub
252 Northumberland Avenue
Reading RG2 7QA
MAIN HALL

COST

FREE
(Refreshments provided)

BOOKING & INFORMATION

Charlie Taylor
07831409731
charlie@parentingspecialchildren.co.uk

**Children welcome under parent supervision
Supported by Berkshire Community Foundation**



**BERKSHIRE
COMMUNITY
FOUNDATION**



South and East Reading are being transformed into a giant community-wide game!

Earn points, get active and win prizes and awards for you and your community in this free, fun, walking, cycling or wheeling game. Create or join your community team and you could win loads of great prizes!

South and East Reading are being transformed into a giant game from **25 September - 6 November 2024**, and your community is invited to play.

Let's boost physical and mental health

Being physically active improves physical and mental health and boosts mood, immunity and relieves stress. Beat the Street helps make small changes to daily behaviour that can make a big difference for children and adults and help you to remain active after the game.

On your marks... Grab your cards or download our Beat the Street App

You can pick up a card from any local distribution points to use along with the map. Use the card to play the game and collect those all-important points. By playing with the Beat the Street App you can get access to exclusive features! Collect Gems, choose an avatar to represent you and raise the competition with our team leaderboards.

Get set... Register for prizes and more

Register your card at beatthestreet.me/readingse to win prizes and awards, track scores, join our health survey to earn extra points, and get the latest information about the game.

How to play?

To play, you can use a card or our Beat the Street App (Age 13+).

1. Create your Beat the Street account on our website at beatthestreet.me/readingse or by downloading our **Beat the Street App** via Google Play or the App Store
2. Add family members, and register a card to player profiles. Set up a team or join an existing one.
3. Start your journey. Find your nearest Beat Box using a paper or digital map and hover your card at the contactless Beat Box until it beeps and flashes. If playing with the app, tap the Beat Box icon on your phone and swipe to collect points.
4. Visit 2 Beat Boxes within an hour and collect 10 points for each Beat Box – this is 20 points for the journey.
5. Carry on your journey. Score 10 points for each extra Box you visit.

Awards and prizes

At the end of the game, we'll award a trophy for the top community teams. Individuals can also win Lucky Spot prizes including Beat the Street goodies on different weekly competitions.

If you can complete certain challenges, you'll also unlock an award! **Awards** will unlock automatically by earning points, playing at certain times or going out with your team. Check out your dashboard to see what awards you have earned and which ones you can still play for!

6. Any questions? Visit beatthestreet.me to find out more! Sign up for our weekly newsletter and follow us on our social networks.



@btsreadingse



@btsreadingse



@beatthestreethq



@beat_the_street



Beat the Street Reading South & East is being delivered by Intelligent Health and is funded by Reading Borough Council, Eden Project, Natural England, and the National Lottery via Sport England.

25 September – 6 November 2024

Beat
the
Street

Reading South & East



Play the free, fun, walking, cycling and wheeling game across Reading South & East!

Create a team with your friends and colleagues or join your school team and you could win loads of great prizes. Visit beatthestreet.me to find out more.



Beat the Street Reading South & East is being delivered by Intelligent Health and is funded by Reading Borough Council, Eden Project, Natural England, and the National Lottery via Sport England.

Printed on Satimat Green – FSC certified, 75% recycled 25% FSC certified fibre. Design by cream-design.co.uk

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- By playing with the Beat the Street App you can get access to exclusive features! Collect Gems, choose an avatar to represent you and raise the competition with our team leaderboards. There is so much to discover!



 @beat_the_street

Get started





0118 449 2641
info@u-sports.co.uk
www.u-sports.co.uk

Autumn 2024

Christ the King

BOOK NOW

<https://eastberkshire-termtime.classforkids.io/term/661>

Dear Parents and Guardians,

uSports are pleased to announce that we will be delivering the following after-school clubs at Christ the King School for the Autumn term.

Dance | Year 1-6 | Monday | 3.20 - 4.20pm

Gymnastics | Year 3-6 | Tuesday | 3.20 - 4.20pm

£6.00 Per Session

How To Book

1. Click the 'Book Now' button or type in the link underneath
2. Scroll to find the right club
3. Add your child's details
4. Book your child's place
5. Pay for your session

Best Wishes,

Charlie Hiscox
uSports Director

Mental Health Support Team Workshop



RAISING YOUR CHILD'S SELF-ESTEEM



Is your child struggling with feelings of low self-worth?

DO THEY:

- not recognise their strengths?
- compare themselves to others?
- lack self-confidence?

Parents/carers/professionals, join us for advice on how to support your child, or children you work with.



Friday, 22 November 2024



9.30-11am



Online via MS Teams

Scan the QR code to book or register your interest for future dates.

Or, email MHST@brighterfuturesforchildren.org



Visit our site for more information about the service
www.brighterfuturesforchildren.org/YPMHST



The Educational Psychology Service (EPS) and Primary Mental Health Team (PMHT) have been running regular half termly virtual parent workshops, aimed at primary school aged children, on **helping your child with fears and worries**.

These are always very well received by parents and, as such, we are offering further dates (see below).

The aim of the workshop is to teach parents cognitive behavioural strategies so they can use them with their children to overcome their anxiety. It is based on the book: 'Overcoming your child's worries and fears' by Cathy Cresswell and Lucy Willetts.

The group is a 2.5 hour online workshop – a “whistle stop tour” of key principles for parents. **'Free of charge, a no fee session'**.

In addition, in response to increasing demand for **support for children with autism and anxiety**, the EPS and PHMW teams have developed a further parental workshop, aimed at parents of children who have been recognised as autistic, who have autism “traits”

or who are awaiting a diagnosis, and are experiencing anxiety. The aim of this workshop is to understand some of the differences in thinking styles of children with autism and why this can make them more prone to anxiety - in particular, intolerance of uncertainty.

It pulls together information from a range of sources and offers practical strategies for support. The group is a 2.5 hour online workshop – a “whistle stop tour” of key principles for parents. **'Free of charge, a no fee session'**.

Please see dates on next page

These workshops will run every half term (12 workshops in total).

Here are the session dates planned for next academic year:

‘helping your child with fears and worries’

Wed 9th October 2024 - 9.30am – 12.00pm
Thurs 28th November 2024 - 9.30am – 12.00pm
Tues 28th January 2025 - 9.30 – 12.00pm
Wed 19th March 2025 - 9.30am – 12.00pm
Thurs 15th May 2025 - 9.30am – 12.00pm
Tues 24th June 2025 - 9.30am – 12.00pm

‘support for children with autism and anxiety’

Thurs 17th October 2024 - 9.30am – 12pm
Wed 4th December 2024 - 9.30am – 12pm
Thurs 6th February 2025 - 9.30am – 12pm
Tues 25th March 2025 9.30am – 12.pm
Wed 7th May 2025 - 9.30am – 12pm
Thurs 3rd July 2025 - 9.30am – 12pm

Sessions will be via Teams. We have capacity for around 4 – 10 participants each session.

If you are interested, please email

Wilma.Williams@brighterfuturesforchildren.org

and include: your name, email and phone number (for contact – you will be emailed a Teams link) and your child’s age and school. Please also state which of the dates for the course you are able to make.

and whether you have a preferred date.