



Christ the King Catholic Primary

“Loving, learning, growing together as Christ’s family”

1st Place - St James 337
2nd Place - St Therese 330
3rd Place - St Bakita 318
4th Place - St Romero 312



Thank you to everyone who helped with Sports Day last Friday. The day was a huge success with the children having a memorable day.

The house captains made sure everyone was in the right place at the right time which meant everything was able to run smoothly.



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX**

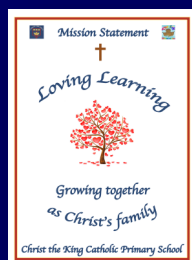
Tel. 01189015434

Head Teacher Nikki McVeigh

Email admin@christtheking.reading.sch.uk

Website www.christthekingreading.co.uk

Blog Site ctkreading.net





Thank you to Mr and Mrs Lendrum who provided the music.



Term dates 2024

We apologise that we had to cancel the Summer Fair

21st June at 9.30am - Reception Sports Day

24th - 26th June - Year 5 Ufton Court

19th July - Reports sent out

23rd July - End of Term - School closes at 1.30pm

24th July - Inset Day - School closed

3rd & 4th September - Inset Days - School closed

Gospel

Gospel, Mark 4:26-34

He also said, 'What can we say that the kingdom is like? What parable can we find for it?

It is like a mustard seed which, at the time of its sowing, is the smallest of all the seeds on earth. Yet once it is sown it grows into the biggest shrub of them all and puts out big branches so that the birds of the air can shelter in its shade.'

Using many parables like these, he spoke the word to them, so far as they were capable of understanding it. He would not speak to them except in parables, but he explained everything to his disciples when they were by themselves.

Reminder - Gates close at 8.50am

The Ark gate and Exbourne Road gate will be closed and padlocked at 8.50am every morning. Anyone arriving later than 8.50am will need to enter through the Durham Close entrance and will be recorded as late.

The gate cannot be opened once locked.

As the weather is getting warmer please make sure your child brings in a water bottle and sun hat.

Medication

If your child has been prescribed medication by the Hospital or GP and it needs to be taken during school hours, please ensure it is given to the school office and not any other member of staff.

School Dinners

The price of a school meal is £2.50 per day.

This is payable by either cash or cheque and should be paid daily or weekly in advance.

If your child is going to be late into school and would like to have a school dinner, please ensure you phone in to order a meal before 9.30 as meals are cooked to orders placed.

From September the price will be £2.75 per day.

Thank you

Stars of the Week

Miss Lockwood: Rashed & Yash

Miss Yan: Bella & Joshua

Miss Sutton & Mrs Gallian: Patrick, Henry M, Andre & Diego

Miss Pearce: Lilly-Mail & Amiri

Miss Thompson: Nikola & Logan

Mrs Gooch: Whole Class

Mrs Casey: Yasmin & Melda

Mrs Powell: Isaac, Kendall & Ismah

Mrs Bloom: Whole of Year 6

Ark: Flourish

Nurture: Logan

Re-Scheduled Sports Day

Thank you for your understanding with cancelling Sports Day this morning.

The re-scheduled Reception Sports day is now Friday 21st June starting at 9.30am on the KS2 field.

Please enter the school via the gate on Exbourne Road.

Children can wear their P.E. Kit to school ready to start their races.

Feel free to bring a blanket or chair to sit on whilst you watch and support the children.

Maths Ninjas!

To earn the title Maths Ninja you must develop your powers of concentration and practise your skills to master calculation and dominate numbers so that you face Maths with no trace of fear.

With skill and patience you may earn these ranks:

Shodan (red) 11 out of 15 in 1 minute.

Nidan (white) 22 out of 25 in 1 minute.

Sandan (yellow) 33 out of 35 in 1 minute.

Yondan (orange) 44 out of 45 in 1 m 30 sec.

Godan (Green) 55 out of 55 in 1 m 30 sec.

Rokudan (Blue) 66 out of 70 in 1 m 30 sec.

Shichidan (Brown) 77 out of 80 in 2 minutes.

Hachidan (Black) 88 out of 90 in 2 minutes.

Kudan (Purple) 99 out of 100 in 2 minutes.

This Weeks Ninja

Godan - Melda & Nathan

Rokudan - Ellisha

Financial support for low income households in Reading

If you are a Reading resident on a low income and struggling to make ends meet during the ongoing cost-of-living crisis, you may be eligible for financial support from Reading Borough Council.

The Household Support Fund provides cost-of-living support to households in the most need.

A payment of £125 per household is available from the Household Support Fund to help pay for essentials such as food, energy, water, and housing costs.

Applications can be made once between May and the end of July 2024.

Households who already receive means tested benefits or other related state benefits (such as a Personal Independence Payment) are automatically assumed to have a low income.

Find out more about the Household Support Fund and apply at www.reading.gov.uk/household-support-fund

Apply here



Before starting an application, you will need some, or all, of the following information:

- Your Council Tax account number (starts with a 6 and can be found on your Council Tax bill)
- National Insurance number for you and your partner
- Details of income/benefits for you and your partner
- Details of essential expenditure for you and your partner
- Details of any savings you and your partner have

For more cost-of-living advice and support, please visit the Council's Money Matters advice webpage:
www.reading.gov.uk/housing/money-matters

The Council also funds local voluntary and community sector organisations to provide cost of living support:

Debt Advice

Citizens Advice Reading

Advice line: 0808 278 7819



Tackling Poverty Partnership

CommuniCare

Advice line: 0118 926 3941

Email: office@communicare.org.uk



Support is being prioritised to households who fall into one or more of the following categories:

- Residents above state pension age
- Carers
- Care leavers
- People with disabilities
- Families with children receiving Pupil Premium
- People living alone
- Residents with unsecure employment
- Large households
- People with energy inefficient homes
- Households with prepayment energy meters
- Residents in private rented accommodation
- Victims of crime
- Veterans
- Residents with English as a second language
- Residents with ethnically diverse heritage

www.reading.gov.uk/household-support-fund

BERZERK PRODUCTIONS WHITLEY



Award winning drama company & LAMDA specialist now in Whitley!

We are excited to be running a new drama club at South Reading Community Hub, starting on 17th June 2024!

Juniors Drama 6pm - 7pm, LAMDA 7PM - 7:30PM, Senior Drama 7:30pm - 8:30pm

Visit our website to register interest

www.berzerkproductions.com/drama-classes/book-a-trial-place

Fun, creative drama workshops focusing on confidence, self esteem and social interaction. The sessions also work towards performance projects such as short films, musical theatre, improvisation, voice acting, mask work, mime and so much more...

With help from Reading Borough Council we can offer workshops at a 50% discount for Whitley residents. A block of ten weeks will cost £40, bursary places are available too

Juniors
Sch Yrs
3 - 6

Please email info@berzerkproductions.com

- Register interest on above link or scan QR code

Seniors
Sch Yrs
7 - 13

We have a 100% pass rate and many of our students have gone on to study at top universities

Please do join our Facebook page or Website newsletter for all Berzerk's projects

Audre Goddard
Creative Director



SCAN ME

Email info@berzerkproductions.com or call 07863734830



becalm



YOUTH CLUB

FRIDAY EVENINGS 5PM - 6:30PM

FOR AGES 7 - 11



Whitley Wood Community Centre
28 - 35 Lexington Grove
Reading, RG2 8UG



Starting Friday 7th June 2024

Arts, Crafts, Pool Table, Board Games, Workshops and
most importantly **FUN!!!**



Places are limited - To reserve a space please contact
hello@becalmfoundation.co.uk or 07584518611

All staff DBS checked



www.becalmfoundation.co.uk



JUNE 2024

For Parents/carers

Understanding Autism & Anxiety Workshop – 19/06/24, 9.30 - 12.00pm.
Free online session via MS Teams. For parents/carers of Reading pupils ages 6 -16.

A 2.5 hour workshop targeted towards parents/carers of children with a diagnosis of autism or those who may be awaiting a diagnosis. It looks at common drivers for anxiety in those with autism, especially in relation to coping with uncertainty and not knowing what might happen. The workshop gives parents a chance to share their experiences and to learn strategies and approaches to manage anxious feelings.

To book or for more information email Wilma.Williams@brighterfuturesforchildren.org

Helping your Child with Fears and Worries Workshop – 24/06/24. 9.30 – 12.00pm Free online session via MS Teams. Teaches parents and carers Cognitive Behavioural Strategies to help children to overcome their anxiety. The approaches in the workshop are designed to help with “irrational” fears, for example, specific phobias (dogs, school phobia etc...), separation anxiety, generalised anxiety.

The workshop is not designed for children:

- With a diagnosis of autism or significant social communication difficulties
- Who are pre-verbal
- Whose anxiety is due to trauma (e.g.: domestic violence), PTSD, bereavement, sensory overload

**To book or for more information email
Wilma.williams@brighterfuturesforchildren.org**

Scarlett Fever

Symptoms

- Stage 1: High temperature, headache, a sore throat and swollen neck glands.
- Stage 2: A fine red, raised sand paper- like rash 12-48 hours later which typically first appears on the chest and stomach, rapidly spreading to other parts of the body. It may also cause a strawberry tongue.

On brown and black skin, it might be harder to see a change in colour, but you can still feel the rash and see the raised bumps.



Prevention

If your child develops symptoms of scarlet fever, contact your GP as soon as possible as they need antibiotics. Stay away from nursery or school until 24 hours after the first dose of antibiotics. Wash your hands regularly and cover your mouth when you cough or sneeze.

Exclusion: Children and adults with suspected scarlet fever should be excluded from the education setting / work until 24 hours after the commencement of appropriate antibiotic treatment.

Individuals in the setting with underlying conditions which affects their immune system or specific clinical vulnerabilities, should seek advice from their GP or clinical team.

Make a Shaker & Join a Samba Parade with Beatroots – [Find out more and register](#)

11:30 – 12:45 | Sun 16 June | Forbury Gardens | Little kids

This fun shaker-making workshop and samba parade is part of Reading's Big Lunch in Forbury Gardens on 16 June 2024 – a whole town event focused on sustainable food and fun. You're invited to bring your own plastic-free picnic or try some delicious climate-friendly food from a mini Vegan Village. In addition to these kids' activities, there will be a raft of 'grow-your-own' activities at the Incredible Edible Reading tent. To make a shaker, bring two clean same-sized cans. [Find out more and register](#)

Climate Ambassadors Scheme for Schools – [Find out more and register](#)

4pm | Mon 10 June | ONLINE | Staff

In April 2022, the University of Reading launched the Climate Ambassadors Scheme in collaboration with EAUC and STEM Learning. It is a free service for schools and other education settings that want to develop a climate plan to reduce carbon emissions, tackle climate risks and inspire and inform the next generation. [Find out more and register](#)

Youth Mobilisation Day – [Find out more and register](#)

9:30am – 5:30pm | Sat 15 June | Reading School | 16 – 25-year-olds

The day will include a 'Creative Horizons for Climate and Nature' session with Dialogue Matters, which will help young people express their vision for the future of Reading. These creative visions will feed directly into our town's next Climate Emergency Strategy for 2025 - 2030. Other activities during the day include filmmaking and campaigning skills, how to engage with politics and use your voice to bring positive change, and a 'careers for climate' discussion. [Find out more and register](#)

CALM Schools Workshop: Clean Air Living Matters – [Find out more](#)

10 am – 2pm | Thurs 20 June | University of Reading | KS3

If you would like your learners to take part, please contact Mark Mason, Design & Delivery Lead at Design Nature: mark@designnature.world (Please don't book online.)

Reading Borough Council, in collaboration with Design Nature, Stantec and the University of Reading, are excited to offer schools across Reading the opportunity to participate in the CALM – Exploring Reading Air Quality programme. You and your KS3 students will explore, map and measure air quality together across the day, and then develop an action plan to improve it. [Find out more](#)

Redesigning Reading for Sustainability & Wellbeing – [Find out more](#)

10am – 12 midday | Thurs 20 June | Reading Museum | KS3 | Capacity for 30 pupils

If you would like your pupils to participate, please contact Charlotte Thackeray
outreachandinclusion@ucem.ac.uk.

The University College of Estate Management (UCEM) is offering a free 2-hour workshop for KS3 learners (e.g. sustainability or wellbeing councils or other interested students).

Learners will take part in redesigning a real local building or space with sustainability and wellbeing in mind, after receiving a briefing on relevant concepts linked to the KS3 curriculum.

[Find out more](#)

Action for Pollinators – [Find out more and register](#)

9:30 – 12:30 | Thurs 20 June | University of Reading | Staff

Local primary and secondary school colleagues... join us for a half-day event dedicated to our unsung heroes - the pollinators! School mentors and ~~ITTCOs~~, this morning of talks, case studies and workshops will help you drive sustainability through 'action on [pollinators](#)'. The event is a collaborative effort– from the Institute of Education, the School of Agriculture, Policy and Development, the School of Archaeology, Geography and Environmental Science and the Museum of English Rural Life (MERL). [Find out more and register](#)

View the full Reading Climate Festival ~~Programme~~ – [LINK](#)

Two weeks to [online and in-person events](#) to inspire and support climate action in Reading.



Mental Health coffee mornings in READING SCHOOLS 2024

Come and learn about mental health in a relaxed and informal setting. Understand how mental health might affect your child and learn practical tools to help you support your child through any mental health difficulties they may experience, whether short or long-term.

These informal coffee mornings are run by Amanda Mavunga, Reading MHST CAMHS Senior Clinician at BFFC. Amanda will deliver a presentation followed by an opportunity to ask questions. You can attend any session, even if your child does not attend the hosting school.



YOU MAY ATTEND ANY OF THESE SESSIONS AT ANY SCHOOL

DATE/TIME	SUBJECT	SCHOOL
9 Jan, 9.15-11.15am	Challenging behaviour	St. Michael's Primary School
18 Jan, 1-3pm	Supporting your child with autism	English Martyrs Catholic Primary School
19 Jan, 9.15-11.15am	ADHD	Whitley Park Primary and Nursery School
29 Jan, 9.15-11.15am	Challenging behaviour	Oxford Road Community School
31 Jan, 9.15-11.15am	OCD	Churchend Primary Academy
22 Feb, 9.15-11.15am	Mental health and minority ethnic identity	St. Michael's Primary School
29 Feb, 1-3pm	Impact of social media on mental health	English Martyrs Catholic Primary School
1 March, 9.15-11.15am	Low self-esteem: Building resilience to improve mental health	Whitley Park Primary and Nursery School
18 March, 1-3pm	Support with growing up, mood and hormonal changes	English Martyrs Catholic Primary School
26 March, 9.15-11.15am	ADHD	Churchend Primary Academy
19 April, 9.15-11.15am	Anxiety	St. Michael's Primary School
26 April, 9.15-11.15am	Challenging behaviour	Whitley Park Primary and Nursery School
20 May, 9.15-11.15am	Autism	Churchend Primary Academy
4 June, 9.15-11.15am	Autism	St. Michael's Primary School
14 June, 9.15-11.15am	Emotional wellbeing Q&A	Whitley Park Primary and Nursery School
8 July, 9.15-11.15am	ADHD	St. Michael's Primary School
12 July, 9.15-11.15am	Anxiety or Q&A	Churchend Primary Academy
SUMMER HOLIDAYS		