

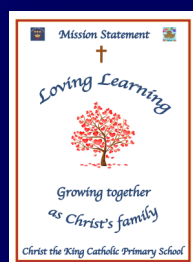


Christ the King Catholic Primary

“Loving, learning, growing together as Christ’s family”



**Congratulations to Years 3 & 4 who won one game of Tag Rugby last week ,
also Years 5 & 6 who won all 3 games.**



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX**

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Term dates 2024

12th to 16th February - Half term

20th February - Ark - Ufton Visit

26th February to 1st March - Yr 5 Bikeability Levels 1 & 2

7th March - World Book Day

18th March, 3.30pm to 5.30pm - Parent Consultations

20th March, 4pm to 7pm - Parent Consultations

25th March - Class Photos

28th March - End of term, school closes 1.30pm

29th March to 14th April - Easter break

15th April - Inset Day

16th April - Start of Term

23rd - 24th April - Ark, Ufton Court Visit

**Thank you to Miss Scott who applied for a grant from
Tree Champion.**

**We received an Orchard Project Pack, 60 mixed hedgerow whips,
some seeds, and a tech bundle which includes a camera to record
wildlife movement.**

**Thank you to Matt who also donated some trees from his Garden
Nursery and his time to help with the planting of them.**





Thank you to the pupils who are part of our Eco Club run by Miss Scott, for their help in organising the tree planting.



Key Stage One had a special lesson about Chinese New Year, learning about traditions that will be taking place tomorrow.



REMINDER Children should be wearing full school uniform, which should have your child's name on.

All children should bring a coat into school.

Please Note - Crocs are not suitable footwear for school.

REMINDER -PE Kit

Please ensure your child wears correct PE Kit. During the cold weather, children can wear tracksuit bottoms, their house colour t-shirt and optional appropriate hoody, which should also be their house colour.

Medication

If your child has been prescribed medication by the Hospital or GP and it needs to be taken during school hours, please ensure it is given to the school office and not any other member of staff.

Healthy Snacks

We have noticed an increasing number of KS2 children bringing in a variety of unhealthy snacks for break time eg. Chocolate, cookies, crisps. When the children start at CTK School in Nursery or Reception they eat healthy snacks that are fruit or vegetables. The Government scheme is to provide all Early Years and Key Stage One Children with a piece of fruit or veg until the end of year 2. We want to continue this healthy eating in KS2. Can we ask that you provide your child with a healthy snack for their mid morning break . Examples of healthy snacks are: fruit, vegetables, rice cakes and bread sticks.

In RE, the children have been learning about how Jesus' final instruction was given to the disciples through the Great Commission.

The pupils were asked to produce a newsletter to inform others of this message.

Dear parents,

I would like to take this opportunity today to talk about the Great Commission. While Jesus was on earth, he gave one final instruction to his disciples: to make disciples of others and spread the word of God. This piece of scripture is called the Great Commission.

The Great Commission commands us, as Christians, to carry out Jesus' instruction. Therefore, we are writing to you and others to join Christ's family so you can too carry out the Great Commission.

You may be thinking you aren't good enough to join Christ's family because you're a sinner. Yet, I would like to tell you a story about a man named Saul, he was one of the greatest sinners in the world. He was a persecutor. He was a persecutor of Christians and put them into jail for their beliefs. However, on the road to Damascus God spoke to him and from then on, not only did he change his ways, he became one of Jesus' most trusted disciple. He spent his life devoted to spreading the Word of God. This scripture shows that anyone, even sinners, can become disciple of Christ.

Therefore, we call need to be disciples of Christ and ensure we carry out The Great Commission and spread The Word of God to everyone in the school and around our parish. We then hope for people to spread the Word to others and become a better version of themselves.

James Year 6

Stars of the Week

Miss Lockwood: Jesse & Carl

Miss Yan: Alice & Avnoor

Mrs Gallian/Miss Sutton: Kian & Carmelo

Miss Nasrallah: Lilly-Mai & Sadia

Miss Thompson: Jessica & Zach

Mrs Gooch: Harper & Leon

Mrs Casey: Aidan & Yasmin

Mrs Bloom: Kamaiya & Theo

Ark: Bihaan & Ali

Maths Ninjas!

To earn the title Maths Ninja you must develop your powers of concentration and practise your skills to master calculation and dominate numbers so that you face Maths with no trace of fear.

With skill and patience you may earn these ranks:

Shodan (red) 11 out of 15 in 1 minute.

Nidan (white) 22 out of 25 in 1 minute.

Sandan (yellow) 33 out of 35 in 1 minute.

Yondan (orange) 44 out of 45 in 1 m 30 sec.

Godan (Green) 55 out of 55 in 1 m 30 sec.

Rokudan (Blue) 66 out of 70 in 1 m 30 sec.

Shichidan (Brown) 77 out of 80 in 2 minutes.

Hachidan (Black) 88 out of 90 in 2 minutes.

Kudan (Purple) 99 out of 100 in 2 minutes.

This Weeks Ninja

Yondan: Eli

Purple & Yellow: Lia & Ana Maria

Reading Points

100 points - Oskar

If your child is going to be late in due to an appointment and would like to have a school dinner, please ensure you phone in to order a meal before 9.30 as meals are cooked to orders placed.

We have noticed some children have been bringing in empty Prime bottles into school to use as water bottles. Please refrain from using these bottles as water bottles for you child.

On Prime's official website it states; "PRIME Energy is not recommended for children under the age of 18."

Gospel

Gospel, *Mark 1:40-45*

'Mind you tell no one anything, but go and show yourself to the priest, and make the offering for your cleansing prescribed by Moses as evidence to them.'

The man went away, but then started freely proclaiming and telling the story everywhere, so that Jesus could no longer go openly into any town, but stayed outside in deserted places. Even so, people from all around kept coming to him

Thursday 15th
February 2024

You are invited to a **FREE**

FAMILY FUN DAY

— at Reading Station —

Brunel Arcade
Reading Station
RG1 1LT

Enjoy activities including:

- Quizzes to enjoy exploring the station
- Meeting British Transport Police; you may be lucky enough to see inside a police van
- Using props to take photos as someone who works on the railway
- Signalling activity for Lego fans
- Decorating signs for the station

Suitable for ages 4-11. Children must be accompanied by adults.





**WOKINGHAM
BOROUGH COUNCIL**

**Director of Children's Services
Service of Excellence**

**Award
ASSIST
2019**

Autism specific workshops from your local award-winning ASSIST team!

For information about any of the following workshops, or to book a place, please contact:

ASSISTWorkshops@wokingham.gov.uk

ASSIST Children's Services, Wokingham Borough Council
The Woodley Airfield Centre, Hurricane Way, Woodley RG5 4UX

The workshops appear in date order up to July 2024 & will be repeated Sept – Dec 2024

Day time workshops are offered face to face at the Woodley Airfield Centre RG5 4UX, the cost of each workshop is per adult.

Evening workshops are usually via Microsoft Teams', the cost is per email address.

Parents		Professionals	
Carers	£10.00	Practitioners	£40.00
Autistic individuals		Others	

Free parking and refreshments available at the Airfield Centre

The workshops are only suitable for adult learning

Autism aware – it is important that you have a basic understanding and knowledge of autism either through your own experience or because you have attended an autism awareness workshop.

'What is autism' is covered in depth on the autism awareness workshop only.



Champions for an autism perspective

Autism Awareness (at Woodley Airfield Centre)

Thursday 7th March 2024

9.30am start, workshop concludes at 12 noon (Registration opens 9.15am)

Build your understanding of autism – the 'hidden' disability including language, social interaction, sensory issues, anxieties and discuss some strategies and tools that might help and support autistic individuals to make sense of the world around them.

Drawing whilst talking! (at Woodley Airfield Centre)

Tuesday 19th March 2024

9.30am start, workshop concludes at 12 noon (Registration opens 9.15am)

How to use drawing as an intervention whilst having a conversation.
Enabling the exploration and enhancement of conversational skills, social understanding and perspective of others – seeing something from a different point of view!

'This has been the BEST training I have attended, and definitely the best autism training, I really enjoyed the session!'

EVENING ONLINE WORKSHOP!

Supporting autistic individuals to understand and self-manage emotions & feelings (including anger)

Tuesday 16th April 2024

7pm prompt start, workshop concludes at 9pm (MS Teams presentation)

Build a deeper understanding of autism and consider how autistic people can be supported to understand their own and others' emotions (feelings) including anger, and so support the development of self-management strategies.

Understanding and writing social/visual scripts to an advanced stage (at Woodley Airfield Centre)

Friday 26th April 2024

9.30am start, workshop concludes at 12 noon (Registration opens 9.15am)

An intervention using social/visual scripts which can help support development and improved understanding of social events and expectations in a given situation. This may then lead to more effective social responses. You will have the opportunity to write social/visual scripts to describe a social situation, skill or concept and then go on to build and practice these skills.

Supporting autistic individuals to understand and self-manage emotions & feelings (including anger) (at Woodley Airfield Centre)

Tuesday 14th May 2024

9.30am start, workshop concludes at 12 noon (Registration opens 9.15am)

Build a deeper understanding of autism and consider how autistic people can be supported to promote positive behaviours, their understanding of their own and others' emotions (feelings) including anger, and so support them to develop their own self-management strategies.

A positive, systematic approach to finding solutions

(at Woodley Airfield Centre)

Tuesday 4th June 2024

9.30am start, workshop concludes at 12 noon

(Registration open 9.15am)

An opportunity to develop new skills in finding solutions, responding in a positive and creative manner towards difficulties and gaining confidence in a team approach to addressing challenges in your setting.

Working in small groups to discuss issues that are preventing autistic individuals from moving on and then using a process to identify positive solutions. Bring a challenge from your own setting and use the workshop to generate some ideas to take back and try!

'This was so interesting and insightful – the best training I have ever had on autism, I am now really motivated and inspired.'

Supporting Siblings (at Woodley Airfield Centre)

Tuesday 18th June 2024

9.30 start, workshop concludes at 12 noon (Registration opens 9.15am)

An opportunity to explore the impact on siblings of having an autistic brother or sister. We discuss the difficulties that this can bring as well as the benefits. Included within the workshop are lots of practical strategies and ideas that may be helpful in supporting siblings to understand autism, cope with their experiences and feel valued for who they are.

Autism specific workshop on sexual development and puberty

(at Woodley Airfield Centre)

Friday 28th June 2024

9.30am start, workshop concludes at 12 noon (Registration open 9.15am)

An opportunity to discuss and develop your understanding of the physical and emotional changes at puberty, then how to prepare and support autistic individuals to manage these changes.

Exploration of the concept 'public, private and personal safety'.

Participants must understand that there will be discussion and visual materials that are of an explicit nature relevant to the subject



Mental Health coffee mornings in READING SCHOOLS 2024

Come and learn about mental health in a relaxed and informal setting. Understand how mental health might affect your child and learn practical tools to help you support your child through any mental health difficulties they may experience, whether short or long-term.

These informal coffee mornings are run by Amanda Mavunga, Reading MHST CAMHS Senior Clinician at BFFC. Amanda will deliver a presentation followed by an opportunity to ask questions. You can attend any session, even if your child does not attend the hosting school.



YOU MAY ATTEND ANY OF THESE SESSIONS AT ANY SCHOOL

DATE/TIME	SUBJECT	SCHOOL
9 Jan, 9.15-11.15am	Challenging behaviour	St. Michael's Primary School
18 Jan, 1-3pm	Supporting your child with autism	English Martyrs Catholic Primary School
19 Jan, 9.15-11.15am	ADHD	Whitley Park Primary and Nursery School
29 Jan, 9.15-11.15am	Challenging behaviour	Oxford Road Community School
31 Jan, 9.15-11.15am	OCD	Churchend Primary Academy
22 Feb, 9.15-11.15am	Mental health and minority ethnic identity	St. Michael's Primary School
29 Feb, 1-3pm	Impact of social media on mental health	English Martyrs Catholic Primary School
1 March, 9.15-11.15am	Low self-esteem: Building resilience to improve mental health	Whitley Park Primary and Nursery School
18 March, 1-3pm	Support with growing up, mood and hormonal changes	English Martyrs Catholic Primary School
26 March, 9.15-11.15am	ADHD	Churchend Primary Academy
19 April, 9.15-11.15am	Anxiety	St. Michael's Primary School
26 April, 9.15-11.15am	Challenging behaviour	Whitley Park Primary and Nursery School
20 May, 9.15-11.15am	Autism	Churchend Primary Academy
4 June, 9.15-11.15am	Autism	St. Michael's Primary School
14 June, 9.15-11.15am	Emotional wellbeing Q&A	Whitley Park Primary and Nursery School
8 July, 9.15-11.15am	ADHD	St. Michael's Primary School
12 July, 9.15-11.15am	Anxiety or Q&A	Churchend Primary Academy
SUMMER HOLIDAYS		