

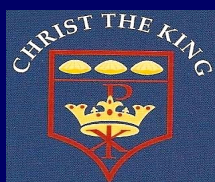


Christ the King Catholic Primary

“Loving, learning, growing together as Christ’s family”



Mrs Bloom's Year 6 class designed projects in RE to help the local community and voted as a class to support The Cowshed. Before Christmas, the children brought in donations of clothes and toys and these were all delivered to The Cowshed. The charity supports local people and the donations were then passed on to local families in need at Christmas.



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX**

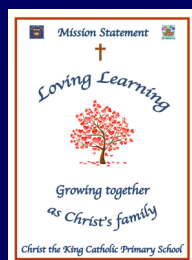
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Head Teacher Nikki McVeigh

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Website www.christthekingreading.co.uk

Blog Site ctkreading.net



Welcome back everyone and a Happy New Year



Mrs Casey's Class went on a residential trip to Ufton Court this week. The children enjoyed a variety of activities.

Term dates 2024

16th January - Ark - Ufton Court Visit

12th to 16th February - Half term

19th February - Ark - Ufton Visit

26th February to 1st March - Yr 5 Bikeability Levels 1 & 2

7th March - World Book Day

18th March, 3.30pm to 5.30pm - Parent Consultations

20th March, 4pm to 7pm - Parent Consultations

25th March - Class Photos

28th March - End of term, school closes 1.30pm

29th March to 14th April - Easter break

15th April - Inset Day

16th April - Start of Term

23rd - 24th April - Ark, Ufton Court Visit

Bikes and Scooters

We like to encourage children to walk or ride to school, but please ensure your child is wearing a helmet.

Also please remind your children not to ride in school grounds and to walk their bike or scooter to the shed.

Medication

If your child has been prescribed medication by the Hospital or GP and it needs to be taken during school hours, please ensure it is given to the school office and not any other member of staff.

The medication needs to be in its original packaging with a pharmacy label on.

Spare Clothes

If your child has come home in the school's spare clothes, please would you wash them and return them to school.

We are now running low on spare clothing especially in Key Stage 1. If you have any spare clothing that your child has outgrown and would like to donate it to school, please bring it into the school office. Thank you

Stars of the Week

Mr Taplin: Diana & Reizl

Miss Scott: Sofia-Harley & Lacey

Miss Lockwood: Daniel & Stasiu

Miss Yan: Evelyn & Joshua

Mrs Gallian/Miss Sutton: Logan & Lyla

Miss Nasrallah: Lilly-Mai & Ethan

Miss Thompson: Nicola & Cyron

Mrs Gooch: Perez & Nathan

Miss Pearce: Finbar & Shontay

Mrs Bloom: David, Blaike & Shakeel

Ark: Travis

Maths Ninjas!

To earn the title Maths Ninja you must develop your powers of concentration and practise your skills to master calculation and dominate numbers so that you face Maths with no trace of fear.

With skill and patience you may earn these ranks:

Shodan (red) 11 out of 15 in 1 minute.

Nidan (white) 22 out of 25 in 1 minute.

Sandan (yellow) 33 out of 35 in 1 minute.

Yondan (orange) 44 out of 45 in 1 m 30 sec.

Godan (Green) 55 out of 55 in 1 m 30 sec.

Rokudan (Blue) 66 out of 70 in 1 m 30 sec.

Shichidan (Brown) 77 out of 80 in 2 minutes.

Hachidan (Black) 88 out of 90 in 2 minutes.

Kudan (Purple) 99 out of 100 in 2 minutes.

This Weeks Ninja

Godan: Oscar

Kudan: Josh

Purple & Red: Ana Maria & Lia

Breakfast club are asking for donations of dolls, board games and puzzles. If you have any of these items that are no longer being used and would like to donate them, please hand them into the school office.

Thank you

If your child is going to be late in due to an appointment and would like to have a school dinner, please ensure you phone in to order a meal before 9.30 as meals are cooked to orders placed.

Gospel

John 1:35-42

He replied, 'Come and see'; so they went and saw where he lived, and stayed with him that day. It was about the tenth hour.

One of these two who became followers of Jesus after hearing what John had said was Andrew, the brother of Simon Peter.

The first thing Andrew did was to find his brother and say to him, 'We have found the Messiah' which means the Christ- and he took Simon to Jesus. Jesus looked at him and said, 'You are Simon son of John; you are to be called Cephas' -- which means Rock.

SEN Information

On our website there is a Special Educational Needs tab and this is where the Local Offer newsletter link is and will update regularly with all activities for children with SEND.

Here is what can be found in the new Winter Newsletter:

Amanda Mavunga, Clinical Lead and CAMHS Specialist Mental Health Practitioner, with professional registrations and accreditations which include Mental Health Nursing, Health Visitor, and Behavioural and Cognitive Psychotherapist.

Shagufta Ali ACRE/Alafia Family Support Worker - Alafia supports Ethnic Minority families caring for children and young people (0-25) on a wide spectrum of disabilities or additional needs

- News items, what's on/events available throughout the Christmas holidays
- Early Years – updates from the sector
- Preparing for adulthood – 16-25 updates

Short breaks, support services and much more...

please remember, this is just a snapshot of the wealth of information that can be found on the www.readingsendlocaloffer.org

Brighter Futures for Children are hosting a range of courses coming up in the New Year, any parent is welcome to attend if you think it would be useful for you and your child. Please speak to Miss King or Mrs Tetchner before the end of term about the courses and if you want to book on.

World of Emotions (WoE) 12/01/24 9.30-12.30pm Free online session via MS Teams. *World of Emotions is not a parenting course, but rather an opportunity for parents/carers to gain more skills to understand and support their child/young person's wellbeing. It will cover a range of emotions and difficulties (e.g. low mood/depression, anxiety, self-harm, disordered eating, challenging behaviour towards others etc).* **To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it**

Raising your child's self-esteem 23/01/24 9.30-11am. Free online session via MS Teams. For any Reading parent/carer of a child aged 5-18.

Is your child struggling with feelings of low self-worth? Do they not recognise their strengths? compare themselves to others? lack self-confidence? This 90 minute MHST workshop is aimed at parents, carers and professionals. We will explore the causes of low self-esteem and discuss strategies to raise self-esteem and build positive self-worth. **To book complete this form: <https://forms.office.com/e/izupGmac24>**

Understanding and supporting attention for learning 25/01/24 9:30am – 12:30pm. Free in person. Venue: St Johns Primary School, 121-147 Orts Rd, Reading RG1 3JN. For parents/carers with children of school age in a Reading school.

This workshop is targeted towards parents/carers whose children struggle with attention. This may include children who have a diagnosis of ADHD / ADD but is also open to parents of children who struggle with attention but do not have a diagnosis. The workshop explores how attention difficulties may present, support strategies and how SEN support may look in school. **To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it**

Helping your child with fears and worries 31/01/24 9.30- 12.00pm. Free online session via MS Teams. For parents/carers of a child attending any Reading School that is aged 5-12 years.

Teaches parents and carers Cognitive Behavioural Strategies to help children to overcome their anxiety. The approaches in the workshop are designed to help with "irrational" fears, for example, specific phobias, separation anxiety or generalised anxiety. Not intended for children and young people with an autism diagnosis or are pre verbal. **To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it.**

South Reading Timetable

January - March 2024

These activities are all taking place at Whitley Children's Centre. Have a look at what fun activities you can book on to:



www.brighterfuturesforchildren.org

Monday

Rainbows with Reading Family Church
(Whitley CC)
10-11.30am

Tiny Talkers *
(Whitley CC)
10-11.30am

Portage *
(Whitley CC)
1-2.30pm
Invite only

Tuesday

Baby Dimensions
(Whitley CC)
10-11.30am
Under 1s

Meet the Health Visitor
(Whitley CC)
11am-12noon
Third Tuesday of the month

Stay & Play
(Whitley CC)
1-2pm
For ages 18 months+

Growing Together *
(Whitley CC)
1-2pm

Wednesday

Midwife Meet & Greet
(Whitley CC)
9.30-11am
Invite only, once a month

Messy Play
(Whitley CC)
1-2pm
Under 18 months, every week except first Weds of the month

Well-baby Clinic
Whitley CC
1.30-3.30pm
First Weds of the month

Thursday

Time for Twos *
(Whitley CC)
9.30-11am
For ages 2-3 yrs

Rhyme and Song
(Whitley CC)
1-2pm

Friday

Let's Get Physical
(Whitley CC)
1-2pm

Self-weigh Baby Scales
(All centres)
Anytime during opening hours
For babies 16 weeks+

***Booking required**

Visit our page for more info



more info overleaf

For all sessions that require booking:

You can now book via our new [parent portal](#) or attend your local children's centre for support.

Find us at
Reading Children's Centres



More information on our free sessions at South Reading Cluster



Rainbows, Reading Family Church

Fun activities planned around areas of child development. A supportive session for all families in the local area.

Stay and Play

For under fives. Each week we will have new and exciting activities to play, learn and have fun from messy play, singing & arts and crafts.

Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment.

Meet the Health Visitor

If you have any health questions about your baby for the Health Visitor, come and join our friendly Bumps and Babes session every third Thursday of the month.

Let's Get Physical

For children aged 1-3 to develop their physical skills, with lots of opportunity to jump, climb and be active with friends, as well as a song time.

Messy Play

Your young child, under 18 months old, will explore different textures and materials in a safe and friendly environment.

Time for Twos

A new session for children aged two to help with the first steps of getting ready for nursery and a chance to meet other children and learn through play.

Well-baby Clinic

The Well-baby clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and you can also weigh your baby.

Bumps and Babes

Do you have a baby aged 0-6 months? Join us for a pre-booked session with an experienced baby development worker enjoying activities to stimulate your baby's senses.

Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

Midwife Meet & Greet

Meet the Blossom Midwife team and ask any questions you may have. This is an invite only session so please speak to your midwife to get booked on.

Growing Together

Our five-week nurturing sessions focus on play with your child with a topic each week to explore together, such as managing behaviour, weaning and toilet training and your well being. PLEASE BOOK as spaces are limited.

Find us at:

Whitley Children's Centre
252 Northumberland Avenue
Whitley
Reading
RG2 7QA

Useful contacts

Reading Family Information Service (FIS): fis@reading.gov.uk

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111

Find us at
Reading Children's Centres



Let's talk about...

SPEED

“

Slow traffic
makes it safer
for us to walk
and cycle to school

”

**Every day, six children are killed
or seriously injured on UK roads**

25% of parents say traffic is too fast for their
children to walk or cycle to school*

Whoever you are, however you travel,
we need to talk about speed.

* Brake (2023) www.brake.org.uk/what-do-parents-think-about-their-childrens-journeys-to-school



Join the conversation
www.brake.org.uk/RoadSafetyWeek
#RoadSafetyWeek

ROAD
SAFETY
WEEK

Organised by
 **Brake**
the road safety charity

Sponsored by
 **ARVAL**
BNP PARIBAS GROUP

 **DHL**

 **AUTOGLASS**

Supporting
 **THINK**

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