



# Christ the King Catholic Primary

**“Loving, learning, growing together as Christ’s family”**



**Thank you to KS2 for their Nativity performance in the church.**



**Christ the King Catholic Primary School & Nursery,  
with The ARK, A Specialist Resource  
Lulworth Road, Reading RG2 8LX**

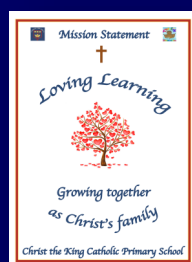
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**Blog Site [ctkreading.net](http://ctkreading.net)**



**Thank you to the PTFA and staff for organising the school disco last Friday.**



**Today we are sadly saying goodbye to 2 members of staff.**

**We would like to thank them both for their hard work and the support they have given whilst with us at Christ the King. We wish them both well in their new careers.**



**Miss Perryman**



**Mrs Nazir**

# **Term dates 2024**

## **Spring Term 2024**

**8th January 2024 - Inset Day**

**9th January - Start of School Term**

**10th January - Yr5 Ufton Residential**

**16th January - Ark - Ufton Visit**

**12th to 16th February - Half term**

**19th February - Ark - Ufton Visit**

**26th February to 1st March - Yr 5 Bikeability Levels 1 & 2**

## SEN Information

On our website there is a Special Educational Needs tab and this is where the Local Offer newsletter link is and will update regularly with all activities for children with SEND.

Here is what can be found in the new Winter Newsletter:

Amanda Mavunga, Clinical Lead and CAMHS Specialist Mental Health Practitioner, with professional registrations and accreditations which include Mental Health Nursing, Health Visitor, and Behavioural and Cognitive Psychotherapist.

Shagufta Ali ACRE/Alafia Family Support Worker - Alafia supports Ethnic Minority families caring for children and young people (0-25) on a wide spectrum of disabilities or additional needs

- News items, what's on/events available throughout the Christmas holidays
- Early Years – updates from the sector
- Preparing for adulthood – 16-25 updates

Short breaks, support services and much more...

please remember, this is just a snapshot of the wealth of information that can be found on the [www.readingsendlocaloffer.org](http://www.readingsendlocaloffer.org)

**Brighter Futures for Children** are hosting a range of courses coming up in the New Year, any parent is welcome to attend if you think it would be useful for you and your child. Please speak to Miss King or Mrs Tetchner before the end of term about the courses and if you want to book on.

**World of Emotions (WoE) 12/01/24 9.30-12.30pm Free online session via MS Teams.** *World of Emotions is not a parenting course, but rather an opportunity for parents/carers to gain more skills to understand and support their child/young person's wellbeing. It will cover a range of emotions and difficulties (e.g. low mood/depression, anxiety, self-harm, disordered eating, challenging behaviour towards others etc).* **To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it**

**Raising your child's self-esteem 23/01/24 9.30-11am. Free online session via MS Teams.** For any Reading parent/carer of a child aged 5-18.

*Is your child struggling with feelings of low self-worth? Do they not recognise their strengths? compare themselves to others? lack self-confidence? This 90 minute MHST workshop is aimed at parents, carers and professionals. We will explore the causes of low self-esteem and discuss strategies to raise self-esteem and build positive self-worth.* **To book complete this form: <https://forms.office.com/e/izupGmac24>**

**Understanding and supporting attention for learning 25/01/24 9:30am – 12:30pm. Free in person. Venue: St Johns Primary School, 121-147 Orts Rd, Reading RG1 3JN.** For parents/carers with children of school age in a Reading school.

*This workshop is targeted towards parents/carers whose children struggle with attention. This may include children who have a diagnosis of ADHD / ADD but is also open to parents of children who struggle with attention but do not have a diagnosis. The workshop explores how attention difficulties may present, support strategies and how SEN support may look in school.* **To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it**

**Helping your child with fears and worries 31/01/24 9.30- 12.00pm. Free online session via MS Teams.** For parents/carers of a child attending any Reading School that is aged 5-12 years.

*Teaches parents and carers Cognitive Behavioural Strategies to help children to overcome their anxiety. The approaches in the workshop are designed to help with "irrational" fears, for example, specific phobias, separation anxiety or generalised anxiety. Not intended for children and young people with an autism diagnosis or are pre verbal.* **To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it.**

### Bikes and Scooters

We like to encourage children to walk or ride to school, but please ensure your child is wearing a helmet.

Also please remind your children not to ride in school grounds and to walk their bike or scooter to the shed.

### Medication

If your child has been prescribed medication by the Hospital or GP and it needs to be taken during school hours, please ensure it is given to the school office and not any other member of staff.

The medication needs to be in its original packaging with a pharmacy label on.

### Spare Clothes

If your child has come home in the school's spare clothes, please would you wash them and return them to school.

We are now running low on spare clothing especially in Key Stage 1. If you have any spare clothing that your child has outgrown and would like to donate it to school, please bring it into the school office. Thank you

Breakfast club are asking for donations of dolls, board games and puzzles. If you have any of these items that are no longer being used and would like to donate them, please hand them into the school office.

Thank you

## Gospel

*Matthew 1:1-25*

And the angel answering, said to her: The Holy Ghost shall come upon thee, and the power of the most High shall overshadow thee. And therefore also the Holy which shall be born of thee shall be called the Son of God.

We wish you all a happy and restful Christmas Break  
School re-opens on the 9th January 2024.

# South Reading Timetable

January - March 2024

These activities are all taking place at Whitley Children's Centre. Have a look at what fun activities you can book on to:



[www.brighterfuturesforchildren.org](http://www.brighterfuturesforchildren.org)

## Monday

**Rainbows with Reading Family Church**  
(Whitley CC)  
10-11.30am

**Tiny Talkers \***  
(Whitley CC)  
10-11.30am

**Portage \***  
(Whitley CC)  
1-2.30pm  
Invite only

## Tuesday

**Baby Dimensions**  
(Whitley CC)  
10-11.30am  
Under 1s

**Meet the Health Visitor**  
(Whitley CC)  
11am-12noon  
Third Tuesday of the month

**Stay & Play**  
(Whitley CC)  
1-2pm  
For ages 18 months+

**Growing Together \***  
(Whitley CC)  
1-2pm

## Wednesday

**Midwife Meet & Greet**  
(Whitley CC)  
9.30-11am  
Invite only, once a month

**Messy Play**  
(Whitley CC)  
1-2pm  
Under 18 months, every week except first Weds of the month

**Well-baby Clinic**  
Whitley CC  
1.30-3.30pm  
First Weds of the month

## Thursday

**Time for Twos \***  
(Whitley CC)  
9.30-11am  
For ages 2-3 yrs

**Rhyme and Song**  
(Whitley CC)  
1-2pm

## Friday

**Let's Get Physical**  
(Whitley CC)  
1-2pm

**Self-weigh Baby Scales**  
(All centres)  
Anytime during opening hours  
For babies 16 weeks+

**\*Booking required**

Visit our page for more info



more info overleaf

## For all sessions that require booking:

You can now book via our new [parent portal](#) or attend your local children's centre for support.

Find us at  
Reading Children's Centres



## More information on our free sessions at South Reading Cluster



### Rainbows, Reading Family Church

Fun activities planned around areas of child development. A supportive session for all families in the local area.

### Stay and Play

For under fives. Each week we will have new and exciting activities to play, learn and have fun from messy play, singing & arts and crafts.

### Tiny Talkers

Learn effective ways to communicate and develop your child's speech and language through literacy in a fun and friendly environment.

### Meet the Health Visitor

If you have any health questions about your baby for the Health Visitor, come and join our friendly Bumps and Babes session every third Thursday of the month.

### Let's Get Physical

For children aged 1-3 to develop their physical skills, with lots of opportunity to jump, climb and be active with friends, as well as a song time.

### Messy Play

Your young child, under 18 months old, will explore different textures and materials in a safe and friendly environment.

### Time for Twos

A new session for children aged two to help with the first steps of getting ready for nursery and a chance to meet other children and learn through play.

### Well-baby Clinic

The Well-baby clinic is a drop in session where you can speak to a health professional for a brief consultation about your child's health and you can also weigh your baby.

### Bumps and Babes

Do you have a baby aged 0-6 months? Join us for a pre-booked session with an experienced baby development worker enjoying activities to stimulate your baby's senses.

### Rhyme and Song

Who doesn't love a sing song? Come and enjoy nursery rhymes and songs in a friendly group. It's a fun way to encourage speech and language skills.

### Midwife Meet & Greet

Meet the Blossom Midwife team and ask any questions you may have. This is an invite only session so please speak to your midwife to get booked on.

### Growing Together

Our five-week nurturing sessions focus on play with your child with a topic each week to explore together, such as managing behaviour, weaning and toilet training and your well being. PLEASE BOOK as spaces are limited.

### Find us at:

**Whitley Children's Centre**  
252 Northumberland Avenue  
Whitley  
Reading  
RG2 7QA

### Useful contacts

Reading Family Information Service (FIS): [fis@reading.gov.uk](mailto:fis@reading.gov.uk)

Community midwives: 0118 322 8059

Health visiting team: 0118 931 2111

Find us at  
Reading Children's Centres





## **SEND Short Breaks & Holiday Activity Fund Programme Christmas Holidays 2023**

### **SEND Short Breaks December 2023 Session - Reading Play, Ranger Station**



Reading Play welcomes you to The Ranger Station as your [SEND](#) half term provider, we will be holding two sessions on Thursday 21st December 2023. We will be hosting a range of activities for the sessions which include:

#### **Session one**

10am - 12:30pm Age 4 to 7 years

- Low ropes
- Art and crafts
- Bird box making
- Soft archery

Mini golf

#### **Session two**

1:30pm to 4pm - Age 8 to 12 years

- Climbing wall
- Archery
- Mini golf
- Fire pit and marshmallow making

Dodgeball

Some activities listed above maybe weather dependent, therefore we will ensure that we have alternative activities planned.

## **SEND Short Breaks -Chance to Dance Stars CIC - Dance and Multi Activity Program**

Short breaks are available for Reading children aged 5 years to 18 years old.

We cater for children 5 years to 25 years at all our activities. (discounted short breaks not available for 19-25yrs)

Chance to Dance Stars CIC will provide group activities for children & young people with disabilities to have new experiences with sport and dance, to have fun and to build upon social and physical needs.

Sundays 10am to 2pm

### **Session Information**

12<sup>th</sup>, 19th and 26th November  
3rd and 17th December.

**\*Christmas Holiday Camp 27th and 28th December\***

Contact: Victoria Andrews 07736 343570 or [sendanceclub@hotmail.com](mailto:sendanceclub@hotmail.com)

Further information and booking instructions can be found here [Reading Directory | SEND Short Breaks -Chance to Dance Stars CIC - Dance and Multi Activity Program](#)

## **Christmas SEND Holiday Clubs 2023 - Make/Sense Theatre**



Make/Sense Theatre's popular holiday clubs are back for Christmas 2023!

We will be running sessions for young people aged 4-25, with moderate learning difficulties (MLD) as well as more complex, medical needs.

Our highly-trained members of staff will design sessions perfect for all ages, and integrating a love of performing arts with opportunities to socialise, meet other young people, play games and have fun!

Rosie Durance Tel: 07554664825 email: [rosie@makesensetheatre.com](mailto:rosie@makesensetheatre.com)

## **Holiday Activities and Food scheme (HAF)**

Brighter Futures for Children co-ordinates the Holiday Activities and Food scheme on behalf of Reading Borough Council, funded by the Department for Education.

Please note: HAF registration is only open to children eligible for pupil premium free school meals.

Further information and booking details please click on the link [Holiday Activities and Food scheme \(HAF\) - Brighter Futures For Children](#)

Link to Short Breaks page [Reading Directory | SEND Short Breaks \(all ability activities & overnight breaks\)](#)

Let's talk about...

**SPEED**

“

Slow traffic  
makes it safer  
for us to walk  
and cycle to school

”

**Every day, six children are killed  
or seriously injured on UK roads**

25% of parents say traffic is too fast for their  
children to walk or cycle to school\*

Whoever you are, however you travel,  
**we need to talk about speed.**

\* Brake (2023) [www.brake.org.uk/what-do-parents-think-about-their-childrens-journeys-to-school](http://www.brake.org.uk/what-do-parents-think-about-their-childrens-journeys-to-school)



Join the conversation  
[www.brake.org.uk/RoadSafetyWeek](http://www.brake.org.uk/RoadSafetyWeek)  
#RoadSafetyWeek

ROAD  
**SAFETY**  
WEEK

Organised by  
 **Brake**  
the road safety charity

Sponsored by  
 **ARVAL**  
BNP PARIBAS GROUP

 **DHL**

 **AUTOGLASS**

Supporting  
 **THINK**

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# READING FOOTBALL COACHING COURSE

AT **BLESSED HUGH FARINGDON CATHOLIC SCHOOL**

FAWLEY ROAD, READING RG30 3EP

**STARTING: MONDAY 8<sup>th</sup> JANUARY 2024**

**Mondays:** Group 1 : School Years Reception & year 1.....4.15pm – 5.15pm  
Group 2 : School Years 2 & 3.....5.15pm – 6.15pm  
Group 3 : School Years 4, 5 & 6.....6.15pm – 7.15pm



Dear Parents

I am pleased to inform you that, due to the huge success of our soccer courses over the last **25 years** we are following up the Soccer Coaching programme for the season starting in January 2024. The course will run for approximately 12 weeks and the programme is for boys & girls aged between 4 and 12.

## About our Course

- The unique practice techniques are specifically designed to work with children of all abilities, ranging from the absolute beginner to the more advanced player.
- The course is run by F.A qualified coaches, who are **DBS** checked, and hold an advanced premier skills qualification, they are currently working with children, enabling them to learn essential soccer techniques, together with a '**FUN**' element, building **CONFIDENCE** and improving **FITNESS**.
- Professional goals are used in all groups for shooting practice and small sided games.
- It is an **indoor** course held in the sports hall, therefore children should wear trainers.
- **Ex Premier League Birmingham City, West Brom and Fulham player Geoff Horsfield** quotes, "I've coached on these courses with the team and they are fantastic in the way they deliver their coaching sessions!"
- **Ex England World Cup star and Sky Sports pundit Paul Merson** quotes, "I have presented trophies to the children on these courses and it's great to see the smiles on their faces and sense of achievement!"

## Presentation of trophies and awards

- On the final week of the course we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY.**
- Children also have a chance to win other special individual awards and trophies for various skills, including '**premier league tournament**' and '**penalty shoot out**' competitions.
- Parents and friends are most welcome to attend the presentation and watch the children being presented with their awards, as this encourages a fantastic atmosphere.
- The cost of the course is £7.50 per week; payment is made every 4 weeks with the first payment of £30.00 due on week 1.
- **Please Note:** Places are limited, therefore bookings will be taken on a first come, first served basis. **Mark Frith (course coordinator)** [www.prosoccercoachinguk.com](http://www.prosoccercoachinguk.com)

**TO RESERVE PLACES PLEASE TEXT:**

**READING + CHILD'S NAME + AGE + GROUP NO. (1, 2 or 3)**

and receive confirmation by text to:

**07586 933 609**