



Christ the King Catholic Primary

“Loving, learning, growing together as Christ’s family”



On Tuesday, we enjoyed having Christmas Lunch together



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX**

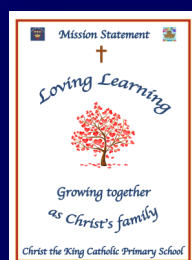
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Term dates 2023/2024

**20th December - End of Term, School Closes at
1.30pm**

Spring Term 2024

8th January 2024 - Inset Day

9th January - Start of School Term

10th January - Yr5 Ufton Residential

16th January - Ark - Ufton Visit

12th to 16th February - Half term

19th February - Ark - Ufton Visit

26th February to 1st March - Yr 5 Bikeability Levels 1 & 2

SEN Information

On our website there is a Special Educational Needs tab and this is where the Local Offer newsletter link is and will update regularly with all activities for children with SEND.

Here is what can be found in the new Winter Newsletter:

Amanda Mavunga, Clinical Lead and CAMHS Specialist Mental Health Practitioner, with professional registrations and accreditations which include Mental Health Nursing, Health Visitor, and Behavioural and Cognitive Psychotherapist.

Shagufta Ali ACRE/Alafia Family Support Worker - Alafia supports Ethnic Minority families caring for children and young people (0-25) on a wide spectrum of disabilities or additional needs

- News items, what's on/events available throughout the Christmas holidays
- Early Years – updates from the sector
- Preparing for adulthood – 16-25 updates

Short breaks, support services and much more...

please remember, this is just a snapshot of the wealth of information that can be found on the www.readingsendlocaloffer.org

Brighter Futures for Children are hosting a range of courses coming up in the New Year, any parent is welcome to attend if you think it would be useful for you and your child. Please speak to Miss King or Mrs Tetchner before the end of term about the courses and if you want to book on.

World of Emotions (WoE) 12/01/24 9.30-12.30pm Free online session via MS Teams. *World of Emotions is not a parenting course, but rather an opportunity for parents/carers to gain more skills to understand and support their child/young person's wellbeing. It will cover a range of emotions and difficulties (e.g. low mood/depression, anxiety, self-harm, disordered eating, challenging behaviour towards others etc).* **To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it**

Raising your child's self-esteem 23/01/24 9.30-11am. Free online session via MS Teams. For any Reading parent/carer of a child aged 5-18.

Is your child struggling with feelings of low self-worth? Do they not recognise their strengths? compare themselves to others? lack self-confidence? This 90 minute MHST workshop is aimed at parents, carers and professionals. We will explore the causes of low self-esteem and discuss strategies to raise self-esteem and build positive self-worth. To book complete this form: <https://forms.office.com/e/izupGmac24>

Understanding and supporting attention for learning 25/01/24 9:30am – 12:30pm. Free in person. Venue: St Johns Primary School, 121-147 Orts Rd, Reading RG1 3JN. For parents/carers with children of school age in a Reading school.

This workshop is targeted towards parents/carers whose children struggle with attention. This may include children who have a diagnosis of ADHD / ADD but is also open to parents of children who struggle with attention but do not have a diagnosis. The workshop explores how attention difficulties may present, support strategies and how SEN support may look in school. To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it

Helping your child with fears and worries 31/01/24 9.30- 12.00pm. Free online session via MS Teams. For parents/carers of a child attending any Reading School that is aged 5-12 years.

Teaches parents and carers Cognitive Behavioural Strategies to help children to overcome their anxiety. The approaches in the workshop are designed to help with "irrational" fears, for example, specific phobias, separation anxiety or generalised anxiety. Not intended for children and young people with an autism diagnosis or are pre verbal. To book this course, please speak to Miss King or Mrs Tetchner who can put a referral in for it.

This half term KS1 have been learning about Toys and Transport.

As part of their learning they visited the Milestones Museum. The children took part in a variety of activities and enjoyed the day.



This Week has been a very busy week with Nativity performances. Well done to all the children .



**Reminder that school will be finishing at 1.30 on
Wednesday 20th December.**

We wish you all a happy and restful Christmas Break.

We have a selection of decorated glass bottles with lights in for sale at £4 as well as tree decorations at £2. These items were decorated by the children for the Christmas Fair. These items will be available to buy afterschool from Monday in the KS2 Playground.



Bikes and Scooters

We like to encourage children to walk or ride to school, but please ensure your child is wearing a helmet.

Also please remind your children not to ride in school grounds and to walk their bike or scooter to the shed.

Medication

If your child has been prescribed medication by the Hospital or GP and it needs to be taken during school hours, please ensure it is given to the school office and not any other member of staff.

The medication needs to be in its original packaging with a pharmacy label on.

Spare Clothes

If your child has come home in the school's spare clothes, please would you wash them and return them to school.

We are now running low on spare clothing especially in Key Stage 1. If you have any spare clothing that your child has outgrown and would like to donate it to school, please bring it into the school office. Thank you

Breakfast club are asking for donations of dolls, board games and puzzles. If you have any of these items that are no longer being used and would like to donate them, please hand them into the school office.

Thank you



A big Thank you to
The Little Coffee Express,
they have donated to the Wellbeing
team here at CTK and we are very
grateful.

If anyone would like to support this
small business you can find them at
Authur Newbery park in Tilehurst.

Gospel

Matthew 11: 16-19

The Son of man came, eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax collectors and sinners." Yet wisdom is justified by her deeds.'

Maths Ninjas!

To earn the title Maths Ninja you must develop your powers of concentration and practise your skills to master calculation and dominate numbers so that you face Maths with no trace of fear.

With skill and patience you may earn these ranks:

Shodan (red) 11 out of 15 in 1 minute.

Nidan (white) 22 out of 25 in 1 minute.

Sandan (yellow) 33 out of 35 in 1 minute.

Yondan (orange) 44 out of 45 in 1 m 30 sec.

Godan (Green) 55 out of 55 in 1 m 30 sec.

Rokudan (Blue) 66 out of 70 in 1 m 30 sec.

Shichidan (Brown) 77 out of 80 in 2 minutes.

Hachidan (Black) 88 out of 90 in 2 minutes.

Kudan (Purple) 99 out of 100 in 2 minutes.

This Weeks Ninja

Nidan: Sam

Sandan: Jan

Rokudan: Marek

Stars of the Week

Miss Lockwood: Gina Marie, Ethan & Jamari

Mrs Casey: Melda, Nathan, Emmanuel & Dominika



SEND Short Breaks & Holiday Activity Fund Programme Christmas Holidays 2023

SEND Short Breaks December 2023 Session - Reading Play, Ranger Station



Reading Play welcomes you to The Ranger Station as your [SEND](#) half term provider, we will be holding two sessions on Thursday 21st December 2023. We will be hosting a range of activities for the sessions which include:

Session one

10am - 12:30pm Age 4 to 7 years

- Low ropes
- Art and crafts
- Bird box making
- Soft archery

Mini golf

Session two

1:30pm to 4pm - Age 8 to 12 years

- Climbing wall
- Archery
- Mini golf
- Fire pit and marshmallow making

Dodgeball

Some activities listed above maybe weather dependent, therefore we will ensure that we have alternative activities planned.

SEND Short Breaks -Chance to Dance Stars CIC - Dance and Multi Activity Program

Short breaks are available for Reading children aged 5 years to 18 years old.

We cater for children 5 years to 25 years at all our activities. (discounted short breaks not available for 19-25yrs)

Chance to Dance Stars CIC will provide group activities for children & young people with disabilities to have new experiences with sport and dance, to have fun and to build upon social and physical needs.

Sundays 10am to 2pm

Session Information

12th, 19th and 26th November
3rd and 17th December.

Christmas Holiday Camp 27th and 28th December

Contact: Victoria Andrews 07736 343570 or sendanceclub@hotmail.com

Further information and booking instructions can be found here [Reading Directory | SEND Short Breaks -Chance to Dance Stars CIC - Dance and Multi Activity Program](#)

Christmas SEND Holiday Clubs 2023 - Make/Sense Theatre



Make/Sense Theatre's popular holiday clubs are back for Christmas 2023!

We will be running sessions for young people aged 4-25, with moderate learning difficulties (MLD) as well as more complex, medical needs.

Our highly-trained members of staff will design sessions perfect for all ages, and integrating a love of performing arts with opportunities to socialise, meet other young people, play games and have fun!

Rosie Durance Tel: 07554664825 email: rosie@makesensetheatre.com

Holiday Activities and Food scheme (HAF)

Brighter Futures for Children co-ordinates the Holiday Activities and Food scheme on behalf of Reading Borough Council, funded by the Department for Education.

Please note: HAF registration is only open to children eligible for pupil premium free school meals.

Further information and booking details please click on the link [Holiday Activities and Food scheme \(HAF\) - Brighter Futures For Children](#)

Link to Short Breaks page [Reading Directory | SEND Short Breaks \(all ability activities & overnight breaks\)](#)

Let's talk about...

SPEED

“

Slow traffic
makes it safer
for us to walk
and cycle to school

”

**Every day, six children are killed
or seriously injured on UK roads**

**25% of parents say traffic is too fast for their
children to walk or cycle to school***

**Whoever you are, however you travel,
we need to talk about speed.**

* Brake (2023) www.brake.org.uk/what-do-parents-think-about-their-childrens-journeys-to-school



Join the conversation
www.brake.org.uk/RoadSafetyWeek
#RoadSafetyWeek

**ROAD
SAFETY
WEEK**

Organised by
Brake
the road safety charity

Sponsored by
ARVAL
BNP PARIBAS GROUP

DHL

Supporting
AUTOGLASS

THINK

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READING FOOTBALL COACHING COURSE

AT **BLESSED HUGH FARINGDON CATHOLIC SCHOOL**

FAWLEY ROAD, READING RG30 3EP

STARTING: MONDAY 8th JANUARY 2024

Mondays: Group 1 : School Years Reception & year 1.....4.15pm – 5.15pm
Group 2 : School Years 2 & 3.....5.15pm – 6.15pm
Group 3 : School Years 4, 5 & 6.....6.15pm – 7.15pm



Dear Parents

I am pleased to inform you that, due to the huge success of our soccer courses over the last **25 years** we are following up the Soccer Coaching programme for the season starting in January 2024. The course will run for approximately 12 weeks and the programme is for boys & girls aged between 4 and 12.

About our Course

- The unique practice techniques are specifically designed to work with children of all abilities, ranging from the absolute beginner to the more advanced player.
- The course is run by F.A qualified coaches, who are **DBS** checked, and hold an advanced premier skills qualification, they are currently working with children, enabling them to learn essential soccer techniques, together with a '**FUN**' element, building **CONFIDENCE** and improving **FITNESS**.
- Professional goals are used in all groups for shooting practice and small sided games.
- It is an **indoor** course held in the sports hall, therefore children should wear trainers.
- **Ex Premier League Birmingham City, West Brom and Fulham player Geoff Horsfield** quotes, "I've coached on these courses with the team and they are fantastic in the way they deliver their coaching sessions!"
- **Ex England World Cup star and Sky Sports pundit Paul Merson** quotes, "I have presented trophies to the children on these courses and it's great to see the smiles on their faces and sense of achievement!"

Presentation of trophies and awards

- On the final week of the course we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY.**
- Children also have a chance to win other special individual awards and trophies for various skills, including '**premier league tournament**' and '**penalty shoot out**' competitions.
- Parents and friends are most welcome to attend the presentation and watch the children being presented with their awards, as this encourages a fantastic atmosphere.
- The cost of the course is £7.50 per week; payment is made every 4 weeks with the first payment of £30.00 due on week 1.
- **Please Note:** Places are limited, therefore bookings will be taken on a first come, first served basis. **Mark Frith (course coordinator)** www.prosoccercoachinguk.com

TO RESERVE PLACES PLEASE TEXT:
READING + CHILD'S NAME + AGE + GROUP NO. (1, 2 or 3)

and receive confirmation by text to:

07586 933 609