



Christ the King Catholic Primary

“Loving, learning, growing together as Christ’s family”



Welcome back to everyone, with a special welcome to our new members of staff - Miss Yan, Miss Lockwood, Mrs Khawaja, Mr Taplin, Miss Thompson & Mr Reid.



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource
Lulworth Road, Reading RG2 8LX**

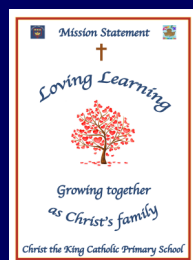
Tel. 01189015434

Head Teacher Nikki McVeigh

Email admin@christtheking.reading.sch.uk

Website www.christthekingreading.co.uk

Blog Site ctkreading.net



Saturday 9th September is the feast of
Our Lady of Velankanni

Mass will be held at our church at 6.30pm. Children are invited to join the procession. Mrs Flynn will be attending.

Sunday 10th September is Education Sunday

Mass at 10am

This celebration has been recognised for over 100 years and is marked at the start of the new academic year.

This gives us the opportunity to pray to Almighty God for all people involved in Education, to celebrate the achievements of the past and to ask Our Lord to bless the work of the year ahead.

Mrs McVeigh will be attending the Education Sunday Mass.

We invite the children of Christ the King to join us for both celebrations and ask that our children are dressed in school uniform.

Gospel

Matthew 18:15-20

Amen, I say to you, whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.

Again, amen, I say to you, if two of you agree on earth about anything for which they are to pray, it shall be granted to them by my heavenly Father.

For where two or three are gathered together in my name, there am I in the midst of them."

Term dates 2023/2024

Autumn Term 2023

14th September 2023 - Meet the Teacher 3.30pm and 4pm / Reception 1.30pm

21st September 2023 - Ufton Court Meeting with Yr5 Parents 3.30pm - 4pm

3rd October 2023 - Choir Rehearsal at The Ridgeway 9am - 11.30am

**4th October 2023 - Class Photos,
please ensure children are in full school uniform**

23rd –27th October 2023 - Half Term - School Closed

30th October 2023 - School starts

30th October to 1st November 2023 - Yr5 Ufton Residential

6th November to 10th November 2023 - Yr 6 Level 1 & 2 Bikeability

7th December 2023 - Ark day trip to Ufton

12th December 2023 - Nursery Nativity 11.30am - 12pm

13th December 2023 - KS1 Nativity 9.30am and then 2pm

14th December 2023 - KS2 Nativity in the church at 2pm and 6pm

15th December 2023 Reception Nativity 9.30 am and 2pm

20th December 2023 - End of Term, School Closes at 1.30pm

Spring Term 2024

8th January 2024 - Inset Day

9th January - Start of School Term



FIRST HOLY COMMUNION 2023/2024

If you would like your child to join the First Holy Communion programme, please email: fhc.reack@portsmouthdiocese.org.uk to register your interest with your child's name and date of birth.

Please make it for the attention of Angela Camilleri.

You will be sent the relevant documentation for you to complete and return to the above email address. Any other Information on meetings etc will be sent to you after your child has been enrolled onto the programme.

Only Children Yr3 and above to apply

Price changes

The cost of school dinners is now £2.50 per day £12.50 per week

Breakfast Club is £4.50 per day, it opens at 7.30am

Afterschool Club is £11.00 per day and finishes at 6 pm. This needs to be booked at least one day in advance.

**Payment for both clubs should be paid using
School Money App.**

Stars of the Week

Miss Lockwood: David & Divinsha

Miss Yan: Olivia & Joshua

Miss Sutton/Mrs Gallian: Luca & Jeremiah

Miss Nasrallah: Kade & Kyla

Miss Thompson: Jaxon & Amelia

Mrs Gooch: Nimi & Luca

Mrs Casey: Mikey & Elizabeth

Miss Pearce: Oskar & Kendall

Mrs Bloom: Regan & Kamaiya

Maths Ninjas!

To earn the title Maths Ninja you must develop your powers of concentration and practise your skills to master calculation and dominate numbers so that you face Maths with no trace of fear.

With skill and patience you may earn these ranks:

Shodan (red) 11 out of 15 in 1 minute.

Nidan (white) 22 out of 25 in 1 minute.

Sandan (yellow) 33 out of 35 in 1 minute.

Yondan (orange) 44 out of 45 in 1 m 30 sec.

Godan (Green) 55 out of 55 in 1 m 30 sec.

Rokudan (Blue) 66 out of 70 in 1 m 30 sec.

Shichidan (Brown) 77 out of 80 in 2 minutes.

Hachidan (Black) 88 out of 90 in 2 minutes.

Kudan (Purple) 99 out of 100 in 2 minutes.

This Weeks Ninja

Shodan:

Simon, Joel, Fatima, Kaylon, Blaike, Edna, Marlie-Marie, Lucas, Oskar, Aaron, Ana Maria, Antonia, Caio, Clara, Eden, Eryk, Isla, Keziah, Lennette, Lia, Natalie, Olivia, Oscar, Regan, Emmanuel, Goddeliver, Theo & Tia



Dear Parents

STAGEABILITY will be running after school Drama clubs at your child's school next term.

Our popular Drama clubs follow a proven method to help children feel less shy, make new friends and dramatically improve their confidence in just 10 weeks. All our drama tutors have a strong background in both performance and teaching and have been selected for their ability to inspire children in drama. They have enhanced DBS disclosures.

Years R – 2: Tuesdays 3.20 – 4.20pm – starts 19th September 2023 (11 sessions)

Years 3-6: Thursdays 3.20-4.20pm – starts 21st September 2023 (11 sessions)

The cost of the club for the autumn term is £77.00 which is payable in full, in advance and is nonrefundable.

Children can wear their school uniform and should bring a bottle of water.

To find out more about StageAbility, please visit our website at www.stageability.co.uk and discover how we have helped hundreds of Berkshire children increase their self-esteem through drama.

Places will be allocated on a first come, first served basis.

Here is the booking link to register your child:

<https://stageability.classforkids.io/venue/39/christthe-king-catholic-primary-school>

PLEASE NOTE: There is a small fee if you pay by card through the booking system. This is referred to as a Platform Fee. To avoid this fee, you can make a bank transfer to StageAbility 89009657 60-17-21. Please use your child's name as a reference.

We shall confirm that a place has been allocated before the clubs start. If a place is not available this time, please join the waiting list – we may be able to bring in additional staff to open more places.

Come and join the fun!

"My daughter has been a part of StageAbility for nearly 5 years now. She has loved the weekly classes and has joined in on a few of the shows, too. My family and I have loved watching her grow in. StageAbility has been amazing for her to help nurture her passion for drama and it's also given her a great network of friends." Mrs P. Smith



Reading Cycle Festival, a community event with lots to inspire both experienced riders and anyone new to the world of two wheels.

A circular collage of images surrounding a central logo. The logo is a white circle with a yellow bicycle icon in the center, and the words 'READING' and 'CYCLE FESTIVAL' curved around the top and bottom respectively. The collage includes: a person on a bicycle in a field; a girl jumping in the air; a girl with tiger face paint; a girl eating an ice cream; a person on a penny farthing; a person on a lowrider; a person on a bicycle doing a stunt; and a person on a bicycle in a field.

**Watch stunts - Test e-bikes - Ride a penny farthing
Try a lowrider - Enjoy food, funfair, face painting
- Ride an obstacle course - Get a bike check**

Sunday 10 Sept Christchurch Meadows
avanticycling readingcyclefestival.co.uk

Facebook - <https://www.facebook.com/readingcyclefestival>

Twitter - <https://twitter.com/AvantiCycling>

Festival enquiries - readingcyclefestival@gmail.com

Avanti Cycling enquiries - info@avanticycling.co.uk

Mental Health Support Team Workshop



RAISING YOUR CHILD'S SELF-ESTEEM



Is your child struggling with feelings of low self-worth?

DO THEY:

- not recognise their strengths?
- compare themselves to others?
- lack self-confidence?

Join us for advice on how to support your child.



Thursday, 28 September



9.30-11.30am



Online via MS Teams

Scan the QR code to book or register your interest for future dates.

Or, email MHST@brighterfuturesforchildren.org



Visit our site for more information about the service
www.brighterfuturesforchildren.org/YPMHST



Dear Parent

Little Musketeers at Christ The King Catholic Primary School | Green Term – Self-Confidence

Little Musketeers are back offering a fun, safe and educational environment for young children to learn the sport of fencing. What child has not grown up pretending to be a swashbuckling pirate, a dueling Musketeer, or even the master of swordplay himself, Zorro? Why do they do it? Because it's fun!

Little Musketeers provide bright coloured foam and plastic foils and plastic masks with mesh visors that are safe and yet hard enough to give children the real feel of fencing. We ensure visors are worn at all times giving peace of mind as well as that genuine fencing experience.

Little Musketeers classes are designed and managed by Olympic fencer and 4 times British National Champion James Beevers. All staff are CRB checked, First Aid certified and trained personally by James.

This term's course will focus on building your child's **self-confidence** as well as working on their **hand, eye and feet co-ordination**. Once the course is completed, they will be awarded with the **Green term** wristband.

We hope you can join us for our 5-week course as follows:

- Monday 18th September - Monday 16th October 2023 / 15:20 - 16:20 / Year 1, Year 2, Year 3, Year 4, Year 5, Year 6

The cost for the course will be **£36.00** per child.

If your child would like to sign up for this course, please visit:

<https://bookings.littlemusketeers.com>

Once there, follow the instructions to complete your booking online. **Places are limited and will be allocated on a first come first serve basis.**

Yours Faithfully

Hayley hayley@littlemusketeers.com



www.littlemusketeers.com



Dr. Adele Diamond, Tier 1 Cognitive Developmental Neuroscientist, University of British Columbia, Canada

WHAT ARE EXECUTIVE FUNCTIONS?

Executive functions (EFs) make possible mentally playing with ideas; taking the time to think before acting; meeting novel, unanticipated challenges; resisting temptations; and staying focused. Core EFs are inhibition (response inhibition (self-control—resisting temptations and resisting acting impulsively) and interference control (selective attention and cognitive inhibition), working memory, and cognitive flexibility (including creatively thinking “outside the box,” seeing anything from different perspectives, and quickly and flexibly adapting to changed circumstances).*

*Extract courtesy of *Annual Review of Psychology* Volume 64, 2013 Diamond, pp 135-168

EXECUTIVE FUNCTIONS & LITTLE MUSKETEERS

What does Dr. Adele Diamond say...

"Little Musketeers challenges all the critical executive functions -- including self-control, focused attention, working memory, and creative problem-solving -- in a way that's fun for kids. Kids clearly derive great joy from Little Musketeers; they help and encourage one another, and a supportive community develops; those emotional and social benefits of Little Musketeers work to support the executive function benefits of the program."

"Executive functions (EFs) are critical for success in school, on the job, and in life. EFs suffer if you are lonely, sad, stressed, or not physically fit. Therefore, if we care about academic outcomes, we should care that students feel they are in a supportive community they can count on, that they are happy (even joyful), and that their bodies are strong and healthy."

*Extract courtesy of *Min Synop Child Psychol.* 2014; 37: 205-232





Scan for more



Drowning is Preventable

Stay safe in the water this summer

Did you know?

- More than **300 people** accidentally drown in the UK and Ireland every year.
- Inland waterways, such as **rivers, lakes and canals**, are where most drownings happen.
- Alcohol and drugs are a factor in almost **one-third** of all UK accidental drownings.
- Anything **below 15°C** is defined as cold water. Average UK and Ireland sea temperatures are just 12°C. Rivers and canals can be colder.

Our Advice:

- If you are in trouble in cold water, remember '**Float to Live**'. Try not to panic. Float on your back for up to **90 seconds** until the shock passes, swim to the edge or call for help.
- If someone else is in trouble - **Call, Tell and Throw** - Call 999, tell the person to float on their back and throw something to help them float, like a throwline.

Safety around water:

- If you are thinking of entering the water, consider your **exit point** before you enter.
- 'Tombstoning' - **Do not jump into open water from bridges or ledges**. There may be hidden dangers beneath, such as sharp objects, reeds and strong currents which could pull you under.
- Avoid swimming alone. **Join a group** if taking part in sports such as paddle boarding or kayaking.
- Tell someone **where you are going** and when you are likely to return.
- Stay clear of the water's edge if you are running or walking. **Riverbanks and cliff edges can be unstable**. Keep an eye out for slip or trip hazards.
- Never enter the water to try and save someone or an animal, **even if you are a strong swimmer**. Call 999 and ask for the Fire and Rescue Service if you are inland. If you are at the beach or near the sea, ask for the Coastguard.



Blessed Hugh Faringdon Catholic School & Sixth Form Centre

True Teaching

Serving the Community in Reading since 1958



Year 7 Entry 2024 OPEN DAY

Thursday

21st September 2023

Morning 9am - 12pm

Evening 5pm - 7.30pm

(10.15am, 5.45pm & 6.30pm Headmaster's Address)

**Fawley Road, Southcote
Reading, RG30 3EP**

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www.hughfaringdon.org

admin@hughfaringdon.org



'Outstanding School— Section 48 Inspection'

