



27th November 2020 No 498



Christ the King Catholic Primary School



"I come to bring you life; life in all its fullness" John 10:10



**Christ the King Catholic Primary School & Nursery,
with The ARK, A Specialist Resource**
Lulworth Road, Reading RG2 8LX

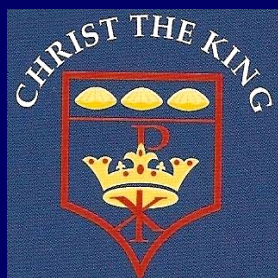
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Christ the King Catholic Primary School



This week Ufton Court's Team were working together with Miss Scott's class exploring nature indoors and outdoor. All the children had a lot of fun and a fantastic time.



Relationships and Sex Education (RSE)

14th of December
at 2pm

We are inviting all parents to a virtual RSE consultation on Wednesday the 14th of December at 2pm.

As Relationship Education becomes statutory in all Primary Schools in England this year we have been working hard to implement the necessary changes to our school curriculum. In order to do this successfully and in line with our Catholic faith, we are trialling a revised edition of a sex and relationships programme that we have used in the past., A Journey in Love. This is a faith inspired programme that teaches Relationship and Sex Education and is ,rooted in the wisdom and teaching of the Catholic Church. We invite you to hear more about the curriculum content of this programme on Wednesday the 14th of December at 2pm. This will be a virtual presentation. A link to the virtual meeting will be on the homepage on the school website.



Congratulations!



EXCELLENT



GOOD



AVERAGE

New Challenges

KS1 – Winter Blast

KS2 – Target Games

The majority of the school took part in virtual sport competitions over the last 3 weeks. These are being set up by Get Berkshire Active, as we are not able to go to competitions yet.

KS1 took part in Out of Space Challenges and KS2 took part in Gaelic Football challenges, there were 3 different challenges to complete. Children have 2 attempts to get their best scores and all the scores are added together within the class.

These are our class placings in the overall results for Reading:

Year 1, Miss Scott's class came 2nd

Year 2, Mrs Tumelty's class came 3rd

Year 2, Miss Sutton's class came 4th

Year 3, Miss Nasrallah's class came 2nd

Year 3/4, Mrs Beukes' class came 2nd

Year 4, Mrs Gooch's class came 4th

Year 5, Miss Harris' class came 6th

Year 6, Mrs Bloom's class came 1st

Year 6, Mr Cosgrove and Ms Wilkinson's class came 3rd



30th November-4th December



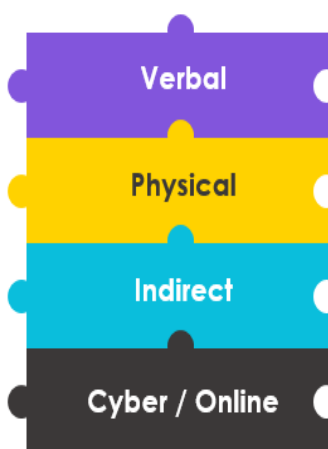
30th November 2020

The ABA (Anti-Bullying Alliance) defines bullying as:

The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.

Bullying can be physical, verbal or psychological.

It can happen face-to-face or online.



Verbal
name calling, calling people unkind names, verbal threats of violence

Physical
hitting, kicking, biting, pushing, tripping you up – anything that hurts you by touching you

Indirect
isolating someone, leaving them out, spreading rumours, threatening looks

Cyber / Online
social networking pictures, Whatsaap groups to encourage bullying, nasty text messages, filming people without permission, prank calls

Anti-Bullying Week 2020 is happening at Christ the King Primary School from Monday 30th November– Friday 4th December. The theme is 'United Against Bullying' which will focus on what small part we can all play to make bigger difference to bullying.

We are all a piece in the puzzle, and together, we are united against bullying.

Xmas Dinner

All Reception, year 1
and years 2 children

Xmas Dinner Menu
will be choices completed
at school by
the staff.



Event Info

Date: 16 December 2020

Time: 16:00-16:45

Location: ONLINE

By the end of today your child should have come home with your Christmas dinner choices, if you would like your child to have a Christmas dinner please can you tick their choices and send the money in the enclosed money bag.

Please can all monies and forms be returned by Friday 4th December.

YOUR CHILD WILL NOT BE ABLE TO HAVE A DINNER ON THE DAY IF THEY HAVE NOT PREORDERED .

Christ The King School Christmas Dinner
Wednesday 16th December 2020



Child's Name: _____

Class: _____

Traditional Roast Turkey

☐

Vegetarian Wellington

☐

Fresh Fruit Platter

☐

Sponge Christmas Cake

☐

Payment:

Meal Price - £2.05, Payment Enclosed

☐

Free School Meal

☐

Reception, Year 1 or 2, Universal Infant Free School Meal

☐

Please return to the school office by Friday 4th December

Template

If you like to join A Children's Christmas lecture online at Reading University about Pirates. Please book in for this event by go to the link below

<https://www.reading.ac.uk/news-and-events/Events/Event848555.aspx>

WELL DONE

Maths Ninja



The **Read Every** **Day** Challenge



Sandan:

Charisa, Theodore,

Nidan:

Natalie, Lia, Eryk, Lexiss, Daniel

Shodan:

Maimuna, Brooke, Ashleigh

Yodan:

Charisa, Sahib, Alexis

Emma

Eryk

Bethel

YOU DID IT!
Congratulations

Miss Scott:

Mrs Tumelty:

Miss Sutton:

Miss Nasrallah:

Mrs Beukes:

Mrs Gooch:

Miss Harris:

Mrs Bloom:

Mr Cosgrove/Ms Wilkinson:

Reception:

Nursery:



Romel, Alba

Jan, Dominika

Connor, Oskar

James, Goddeliver

Hasan, Alexander, Archie

Charlotte, Elliott

Alicia, Callum

Daria, Lola, William

Brooke, Rey, Alexa

Sevasti, Amiri, Genelia, Davayah

Milosha, Victoria

Christ the King Catholic Primary School



Gospel



"Be Constantly On Watch"

Mark 13:24-37



Walking, Cycling and Scooting to School

9 Reasons To Cycle, Scoot or Walk the School Run

1. Build activity in the whole family's routine

In the UK more than 77% of parents said they find the school run more stressful than work or grocery shopping. But if you decided to make some changes to your daily routine you could see a difference from the start of the day.

Daily exercise such as scootering, cycling or walking can encourage other skills which help our children become more independent. All these activities are not only active travel but also fun for the whole family.

Tips for parents/carers:

- * Getting active can be motivating
- * Plan ahead
- * Safety checks
- * Be prepared
- * Be seen
- * Go hands-free with baggage
- * Know the etiquette
- * Skills training
- * Have fun



2. It's a boost for mental health and wellbeing

3. It's the best way to start the day



Morning Routine

Get up and get changed even if you're not going anywhere



Mealtimes

Eat three balanced meals a day



Hydration

Make sure you're drinking enough water



Exercise

30 - 60 mins a day either inside or out



Fresh air and vitamin D

Either in your garden or during exercise



Connect with family & friends

Keep in touch. Chat, play games, text, call or video call



Work, rest, play

Keep the balance



Take care of yourself & relax

Have a bubble bath, shower, paint your nails or meditate



Do things you enjoy

Play games, listen to music, read or watch a film or series



Create

Draw, write, build something, dance or cook



Bedtime routine

Put tech away and take time to wind down



Sleep

Make sure you get enough sleep



Back to school

Walk, cycle or scoot to school where you can.

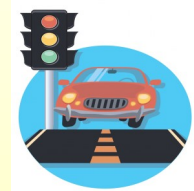


STAY ALERT > CONTROL THE VIRUS > SAVE LIVES

4. It will help ease congestion outside the school gates

5. It's good for the environment

6. It increases children's road safety awareness



7. It let's you connect with the world around you

8. You'll save money



9. Think of all the fresh air, freedom and fun you'll have along the way



For more info please go to:

[Sustrans.org.uk](https://www.sustrans.org.uk)

Christ the King Christmas Lunch Menu 2020 16th of December 2020

**Roast Turkey served with Chipolata Sausage,
Sage & Onion Stuffing & Gravy
or
Vegetarian Wellington & Stuffing & Gravy
with
Seasoned Roast Potatoes,
Carrots & Garden Peas**

**Gingerbread Biscuit
Or
Chocolate Frosted Christmas Cake
or
Fresh Fruit Platter**



caterlink
feeding the imagination



Christ the King

Catholic Nursery & Primary School



Lulworth Road
Reading RG2 8LX
0118 9015434

Open Morning

Saturday 12th December 2020

To book a slot please email
newstarters@christtheking.reading.sch.uk
by Wednesday 9th December

Slots will be emailed out by Friday 11th December.

www.christthekingreading.co.uk

Let's lend a hand

Keep following the rules



HANDS

FACE

SPACE

Physical activity for young people during COVID-19

Feel better

Learn new skills

Some is good, more is better

Have fun

Online yoga



Make an action movie



Learn to juggle



Create dance routines



Build an obstacle course



Skipping



Challenge mates online



Balloon volleyball



Do activities with your family

Break up sitting during school time by moving about

Check online for activity ideas

Infographic created by Steven Hanson

CHRIST THE KING PRIMARY SCHOOL 2020-2021

TERM DATES	STARTING	ENDING
HALF TERM-SCHOOL CLOSED	26.10.2020	30.10.2020
INSET DAY-SCHOOL CLOSED	02.11.2020	
END OF TERM, SCHOOL CLOSURES AT 1:30	18.12.2020	31.12.2020
INSET DAY- SCHOOL CLOSED	04.01.2021	
HALF TERM-SCHOOL CLOSED	15.02.2021	19.02.2021
END OF TERM, SCHOOL CLOSURES AT 1:30	01.04.2021	16.04.2021
INSET DAY-SCHOOL CLOSED	19.04.2021	
HALF TERM- SCHOOL CLOSED	31.05.2021	04.06.2021
END OF TERM, SCHOOL CLOSURES AT 1:30	21.07.2021	

OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1 2 3 4	1	1 2 3 4 5 6	1 2 3	1 2 3 4 5 6 7	1 2 3 4 5 6 7
5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10	8 9 10 11 12 13 14	8 9 10 11 12 13 14
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17	15 16 17 18 19 20 21	15 16 17 18 19 20 21
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	22 23 24 25 26 27 28	22 23 24 25 26 27 28
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30 31		29 30 31
	30				
APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1 2 3 4	1 2	1 2 3 4 5 6	1 2 3 4	1	1 2 3 4 5
5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11	2 3 4 5 6 7 8	6 7 8 9 10 11 12
12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18	9 10 11 12 13 14 15	13 14 15 16 17 18 19
19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25	16 17 18 19 20 21 22	20 21 22 23 24 25 26
26 27 28 29 30	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31	23 24 25 26 27 28 29	27 28 29 30
	31			30 31	